

# Community/Special Projects

- SP 1 HEADTRIPS, Sunday Evening Series at Stanford, sponsored by the Midpeninsula Free University
- April 13 Ralph Metzner, PhD., Editor of the Psychedelic Review, will play and comment on a tape by Richard Alpert about his experiences in India.
- April 20 Myron Ruderman, Auditor, will talk about Scientology.
- April 27 Barney Yound, Director of Peninsula School, will discuss his school, a California version of Summerhill.
- May 4 Gerald Leader, of the Stanford Business School, will discuss the coming Establishment Generation, based on his business school experience.
- May 11 Dane Rudhyar, author of The Pulse of Life, The Astrology of Personality, and Triptych, will talk about astrology.
- May 18 A panel of campus ministers and a Palo Alto minister will discuss possibilities for the church to get into the new age.
- May 25 Gurney Norman, a writer reads his stories.
- June 1 Jon Buckley, former student body president of Foothill College, former manager of a hippy store, member of the Free U., and Shirley Styles, Free U. teacher, will talk about the Tarot, symbols of cosmic forces.

Coordinator: Nancy Holland. Redbook, 328-4941.

SP 2 HOME FREE: Barbara Barnett

Parents. If you're taking any course in this catalog, have children, and are hassled by babysitting problems, this is the course for your kids. I won't be able to handle diapers and bottles, but if they're older than 2½, drop them by my home in Menlo Park on your way to class. I have a 5-year-old son. This is not a baby-sitting service, so don't come with bedtime instructions, homework assignments to be done, etc. It's an evening for the kids to spend experiencing each other without being hassled by adults. Each week prearrangements will have to be made, so call me ahead of time. Call weekdays between 4:00 and 11:00pm or any time during the weekend.

Monday nights only (SP 3 meets Tuesdays), time is open. 322-9555.

SP 3 FATHER GOOSE: Larry Tesler

Similar to SP 2, except on Tuesdays. While you're at your class, drop your kids at theirs. Call ahead of time!

Tuesdays 8:00pm (SP 2 meets Mondays). 325-0115.

SP 4 OVEREATERS ANONYMOUS: Susan

Overeaters Anonymous is a fellowship of men and women who have a common problem: compulsive overeating. We have joined together to share our experiences, strength and hope with one another in order to solve this problem and to help other compulsive overeaters to do the same. If you have a food and/or weight problem, please join us.

Tuesdays 8:00pm and Thursdays 12:00 noon, 660 Harvard, Menlo Park, starting April 15. Susan 325-6521 or Shirley 364-4104.

SP 5 WEDNESDAY EVENING IN THE NEST: Gail Teel

This class is being organized in response to the expression of those who "can't stand" Coordinating Committee, are new to the MFU community, or are unable to attend Thursday's meeting, but still want an involvement with what's going on. The structure and content (if any) will vary according to each individual's interest. I coordinate office activities as well as my own projects, and have at my fingertips exciting information about the Free U weekly and long-term activities. We can rap, research, present proposals and reports, form lobbies (?), etc. This group is not intended to drain energy from Coordinating Committee, but rather to channel that energy and sometimes maybe serve as a stomping ground before the Fracas.

Wednesdays 8:00pm, in The Nest, 1061 El Camino Real, Menlo Park, starting April 16. 328-4941.

# Community/Special Projects

## SP 6 DRAFT CO-OP: BASICS OF DRAFT COUNSELING

The counseling staff of Draft Co-op is offering a nine-week course in the elementals of selective service law and interpretation, counseling procedures and techniques. Upon successful completion of the course, anyone interested in pursuing draft counseling, on a full or part-time basis, can attend counseling sessions and work with competent draft counselors. This will help to perfect an individual counseling style and broaden the scope of information of a prospective counselor.

Each class meeting will be led by a member of the counseling staff who will discuss and answer questions in his or her particular field of specialization. Physical and mental deferments, the new form for conscientious objectors (Form 150), the Channeling Concept, and general legal alternatives to conscription are only a few of the numerous topics that will be examined. This course is designed for any member of the community, of either sex, who wishes to have an adequate background in selective service law as well as those interested in active participation. For further information contact Rich Patocchi or Mark Loughran at Draft Co-op, 359 Bryant Street, Palo Alto. 328-3966.

## SP 7 NEW AGE CELEBRATIONS: Mark Jensen

It is becoming increasingly obvious to many people that the time of the full moon has some special significance. It appears to be a time of heightened activity and intensity. This course will be an attempt to channel and direct some of this energy into our own self-development. We will meet one night a month at the full moon (May 1, May 31 and June 29) to meditate, chant and experiment with various potential new-age rituals such as those involving water, and older rituals involving drums and dancing. In the process we will probably invent new forms of worship and through our actions act as a channel for the in-pouring of Light and Love into this sorely troubled world. The May 1 meeting will be at 71 Los Trancos Rd, Portola Valley. 851-0754. Check the Redbook for future meetings since we may meet in bizarre places.

## SP 8 EARTHQUAKE ESCAPING: Tom Motock

The Tibetans have moved their written wisdom to Portland, Oregon. I'm going on the 10th and wouldn't mind company.

## SP 9 FREE U. AUTO SERVICE: Randy Grindle

The following services are now available:

1. Car and motorcycle repairs, maintenance and lubrication reliably done at very low labor rates
2. Inexpensive road service in immediate area
3. Parts available at wholesale prices
4. Check-out and appraisal of vehicles for prospective buyers
5. How-to-do-it instruction in tune-up, brake work, and other repairs on your car or motorcycle

Weekdays 10:00am to 5:00pm, weekday evenings 7:00 to 9:00pm ONLY., 325-7185

## SP 10 FREE UNIVERSITY FREE STORE AND CONTINUAL REDISTRIBUTION CENTER or HOW TO DROP OUT AND SURVIVE NICELY BY GETTING TOGETHER: Marghee Mills

It is in our power to redistribute wealth more practically within our own and surrounding communities Right Now - all we need is to do it. Joy of giving/joy of receiving. You can drop off the weight of excess material possessions at the Redistribution larder, growing in the basement of 305 Lytton, corner of Bryant and Lytton in Palo Alto.

Needed: a large garage or such-like with electricity, preferably near downtown Palo Alto, for the stationary Redistribution store, and a truck for collection and mobile unit to cover Palo Alto, East Palo Alto, Menlo Park and Redwood City.

327-2883

## SP 11 REDISTRIBUTION INDEX FILE: Marghee Mills

This is a person-to-person sharing facilitator, located at 1061 El Camino Real in Menlo Park. It will list bigger-than-breadbox articles for redistribution. To redistribute your unneeded furniture, rugs, cars, tools, lawnmowers, bicycles, dishes, junglegyms, mattresses, rotisseries, etc, etc -- fill out a card at the Free U Nest describing the article offered and giving your name, address and phone number.

# Community/Special Projects

## SP 12 FREE UNIVERSITY ECONOMICS UNLIMITED: David Teegarden

The Free University's involvement in finances and economics is as valid and essential as its involvement in politics. It will be virtually impossible to maintain the kind of organization and membership that we want, unless we confront and deal with some of our basic economics questions. We all need to be heard, we strive to bring our visions to fruition; but it seems that we will be put off and stifled until we are able to lay some solid financial groundwork. Course leaders may now charge fees--I think this is a start in the right direction, but does not really confront the financial problems of the Free U as an organization. We have begun to solicit subscriptions for the newsletter: it is clear that many people outside of our immediate area are eager to know more about the Free U, and its members. We should seriously consider the possibilities of expanding our publishing operations and work out means for financing them.

Publishing is only one of many areas which pose economic questions. I think that it will be an exciting challenge to create means of supporting ourselves without losing our integrity and identity or copping out. The purpose of this project is simply to function as a catalyst for the working out of viable economic visions and guidelines. Please phone 326-8757 if you're interested, (I'll be in Mexico for a month, so don't give up if no answer.)

## SP 13 AN INTENTIONAL COMMUNITY: Conrad Isecke

We are forming an economically and socially cooperative community on the peninsula in which to live, work, and raise our children. We are nearing purchase of 100 plus acres of land near Palo Alto on Skyline where we will build a large central multifunctional community facility around which, at varying distances, we will build our living units. Our community is founded on a sound financial basis in that the present members can contribute an equitable share towards the total assets (skills and money) of our planned community. We are looking for more people of all ages and skills with similar inclinations and abilities.

We plan to continue our present involvement with and interest in organizations such as: the Midpeninsula Free University, Human Institute, Esalen Institute, Institute for the Study of Non-Violence, Synanon, Peace Games, and other related groups and activities.

Sunday evenings. Redbook, 328-4941 or 369-1946.

## SP 14 FREE UNIVERSITY COMMUNITY RAP SESSION AND WORKSHOP: Bob Litvak

The Free University community--where it's at and where we'd like to see it. Let's get together for a picnic and rap. Then, individually or as a group, let's support what we like, work to alter what we don't, and work to develop what we'd like to see developed. I'd especially like you to gather with us if you are doing volunteer work or would like to do volunteer work for the MFU community. Kids are beautiful and welcome.

Sundays 12:30pm. Redbook, 328-4941.

## SP 15 COMMUNICATION: Jon Buckley

"...any man who carries a mirror in his rucksack...can lift it over his head and hold the sky in his hand..." - Sun Bear

Want to hold the sky? Learn how to point the mirror.

The Free You is a community magazine of growing focus and scope. It serves as an important reflection of the multi-faceted MFU and has reached a stage in its development wherein it must extend and involve as many members of our community as is feasible. With this publication acting as a central point, it is possible to open up the untapped resources of local writers, photographers, graphics people, and other creative personalities that up until now have been in hiding. This is a hard core working course. It's also an exchange of information--from basic layouts to the complexities of the darkroom to the intricate tapdance of the written word. The Free You is an integral part of the communications network both inside the Free U, and in the outside world. This is as open as we can make it; if you write or want to write, if you draw or want to draw, if you wish to add your energies to the constant flow going into the Free You please meet with us.

Mondays 7:00pm, Printshop 337 Ramona St, Palo Alto, starting April 14.

## SP 16 WITH A LITTLE HELP FROM MY FRIENDS

Would you like to talk to someone about a problem? Would you like to just talk to someone? The MFU nest can put you in touch with an experienced and sensitive listener who is also a member of the Free University community. Remember, problems come in all flavors. If you would like to be a counselor in this program, call the MFU nest, 328-4941 and rap with Gail. We need people who are available on call as well as to arrange to meet with people who come to us for help. If you would like help call the Office, 328-4941 and ask for Greenbook help.

# Community/Special Projects

## SP 17 FREE U MEDICAL CLINIC

M.D.'s, R.N.'s, med students, medical technicians, business advisors, people with money, drug salesmen, philanthropists, people interested in medical aid to the Free U community, would you be interested in the establishment and development of a Midpeninsula Free Clinic basically patterned after Dr. Dave Smith's Haight-Ashbury Free Clinic? This is a needed service which is both possible and rewarding. If interested leave your name and number with Gail Teel at the MFU nest, 328-4941, and we'll contact you for a preliminary meeting.

## SP 18 FREE U HOUSING CO-OP

In the "Brown Book" at the MFU nest you may record listings for rooms and communes etc. available and needed. We especially need listings; we have many homeless applicants. Call 328-4941 and ask for "Brown Book."

## SP 19 FREE U JOB CO-OP

Most everyone wants a little bread to live on, but not necessarily \$400/month and not necessarily after working 40 hours each week. If you are at the point where you are reorganizing your life and are looking for a job, come in and browse through the "Brown Book" at the Free U Office. If you have a job to offer, either temporary or permanent, please call us at 328-4941.

## SP 20 HUCKLEBERRY HOMES

Temporary "wombs" are desperately needed for local kids; establish your own restrictions, and call us. If you need a place, come to the MFU Nest, 1061 El Camino Real, Menlo Park. You can expect to receive suggestions for helping in the home you are given; we must take care of these friends too. 328-4941.

## SP 21 A NEW KIND OF PLACE: Susan Clarkson and Rusty Keilch

There is a place for kids, aged 5 to 10, to play, learn, and create with adults who respect them as individuals, not pliable objects which should be shaped to fit the needs of present day America. This is also a place for adults--parents, teachers, and friends--to come together and work towards creating an atmosphere where human values and needs are emphasized, where love, trust, and a concern for others are the guiding principles and not merely topics for discussion. The kids meet Monday-Friday, from 10am to 3pm, legally tutored in order to meet state schooling requirements. The parents and teachers meet as often as desired to formulate the direction and philosophy of the "tutorial service", not only theoretically but practically as we work, as much as each person can, with the kids and each other. Our belief is that it is not only important to create a place where kids and adults can be free as possible, but to work to create a society where all can be free. To this end the "tutorial service" not only emphasizes individual growth and self-direction but an awareness of what's going on outside the confines of our "place". Financially, we operate on the principle of, "from each according to his ability". No one will be turned down because of financial difficulty. Since we must partially support some of our "tutors", donations of money or supplies of all kinds are more than welcome. If you are interested in teaching, sending your kids, or participating in some other way, call Susan Clarkson, 321-2218, or Rusty Keilch, 328-4698.

## SP 22 FREE U LEGAL DEFENSE GUILD

The MFU community needs lawyers willing to volunteer their services for free consultation; set your own restrictions and call us. If you have a legal problem and need advice or consultation, we have a limited list of lawyers available for free help. If you have a little money, or are interested simply in supporting MFU community lawyers, please call Gail at 328-4941.

## SP 23 FREE U BAIL FUND

All Bail Fund contributions accepted in care of Graham Lewis, 1061 El Camino Real, Menlo Park.

## SP 24 MFU ARTS AND CRAFTS COOPERATIVE STORE

Look under A 13 for description.

# Community/Special Projects

## SP 25 FREE U SPEAKERS BUREAU

The Free U Speakers Bureau will send someone (or two) to meet with any group that wishes information on the Free University or on such problems as drugs, racism, education, encounter, youth, birth control, urban problems, etc. If your group needs a speaker or if you are planning a program for your group, why not call us at 328-4941.

## SP 26 WORKING ON THE OBSERVER

The Observer needs reporters, editors, photographers, graphic artists, layout people, advertising and distribution staff, and general all-purpose muckrakers. We plan to be getting more deeply into the Palo Alto power structure, conservation, reporting of radical news, and the cultural revolution--psycho-drama, guerilla theatre, and attendant explosions. No pay; fringe benefits--encounter group, study group, meetings...

The Peninsula Observer-- "one of the best underground papers in the country" (Liberation News Service) 180 University Ave, Palo Alto. 327-3961.

## SP 27 WHOLE EARTH CATALOG

"We are gods" and might as well get good at it. So far, remotely done power and glory--as via government, big business, formal education, church--has succeeded to the point where gross defects obscure actual gains. In response to this dilemma and to these gains a realm of intimate, personal power is developing--power of the individual to conduct his own education, find his own inspiration, shape his own environment, and share his adventure with whoever is interested. Tools that aid this process are sought and promoted by the Whole Earth Catalog, Portola Institute, 558 Santa Cruz Ave, Menlo Park. 323-0313.

## SP 28 UNIVERSAL LIFE CHURCH

The Universal Life Church has only one doctrine; that the members believe in that which is right. The Church will ordain any person, without question, for life, and without charge. The ordination is legal and ministers are legitimate in the eyes of both Man and God.

Potential clergymen should write to Rev. Kirby J. Hensley, 1766 Poland Road, Modesto, California 95351. The purpose of the church is to establish freedom of religion for all people, and now has over 30,000 ministers and 2,125 sub-churches scattered throughout the west.

## SP 29 HAIGHT-ASHBURY MEDICAL CLINIC

Free medical and psychiatric help is available at this donation-supported, volunteer-staffed clinic. The medical clinic is located at 558 Clayton, noon-midnight, Monday-Friday, 431-1714. The psychiatric annex can be reached at 621-8259; drug treatment center at 621-9758, 3:00-10:00pm, Monday-Saturday; both located at 409 Clayton, San Francisco.

## SP 30 PENINSULA DRUG CRISIS INTERVENTION CENTER

This is a drop-in rap center with counseling for kids and parents of the community. Strictly confidential; we have medical contacts; are open 10:00am-10:00pm, 7 days a week. Call for yourself; this is not a lassoing agency. Volunteers needed for all positions. Come or call 457 Kingsley, Palo Alto (Westminister House), 327-9242.

## SP 31 NEIGHBORHOOD HEALTH CENTER

A free or sliding-scale clinic available to residents of East Palo Alto and East Menlo Park to cover medical and dental needs. 2127 University Ave, East Palo Alto. 325-6141.

## SP 32 HUMAN INSTITUTE

Several types of psychodrama groups for various purposes, and for various prices, including weekend marathons, are sponsored by the Human Institute, 460 California Ave, South Palo Alto. 328-4770.

## SP 33 BRIDGE MOUNTAIN FOUNDATION

Their motto is "You are Bridge Mountain". They are creating an environment in which people can experience themselves consciously. They have a wide variety of weekday and weekend programs. Box 2011 Alba Road, Ben Lomond, Calif. (in the Santa Cruz Mountains). (408)336-5787.

# Community/Special Projects

## SP 34 NEW EXPERIMENTAL COLLEGE in Denmark

A 7-year-old residential experiment in education and open honesty trying to build a world college in the rugged countryside of Jutland, Denmark. Run by students and teachers. The structure is the people: their programs, and hang-ups and visions. If you want to get away and do something, this is the place.  
NEC, Skyum Bjerger, 7753 Hørdum, Thy, Denmark. Tel(0791) Kolby 234, or call Kathy Kirby, 854-4315, alumna.

## SP 35 CONCERNED CITIZENS

For information and literature on the Radical Movement, Anti-Draft, racism, and the capitalist war machine, come in to the Concerned Citizens Office, 424 Lytton Ave, Palo Alto, or phone 325-3765. Weekly meetings are held at 7:30pm on Tuesdays.

## SP 36 RESISTANCE

What we attempt to do is build a resistance to the draft, military, economic machines, etc. For information and literature call the Resistance at 327-3108 or come into the office at 424 Lytton Ave, Palo Alto.  
We maintain a potluck dinner each Sunday evening at the Friends Meeting House, 957 Colorado Ave, Palo Alto. (6:00pm)

## SP 37 RELEASE ON RECOGNIZANCE

The R.O.R. Bail Project is sponsored by the Legal Aid Society of San Mateo County, and is run by Vista Volunteers. The project petitions the court to release on their own recognizance those who cannot afford to make bail. The objective criteria are non-discriminatory as to race, creed or charge. If you are arrested or expect to be arrested phone us at 365-0350 or stop into our office across the street from the County Courthouse in Redwood City. (2221 Broadway)

## SP 38 FREE U COORDINATING COMMITTEE

The Coordinating Committee meets over dinner every Thursday night at 6:00pm. We encourage all members to participate in the decision-making process of the Free U by attending these meetings.

## SP 39 PRINTING: Jim Klopp

For people seriously interested in learning to maintain, operate, and repair our printing equipment. Object of course is to create a group of Free U members who can print Free U publications and develop printers for regular, paid printshop employment.  
Taught by a journeyman printer with 10 years experience on our type of equipment.  
Limit 15 people. See also A 18.

Mondays 7:00pm, 337 Ramona St., Palo Alto, Starting April 14. 328-8840 or 328-4941.

Siska, Bill 326-8957  
 Sjoberg, Anita 327-5970  
 Slate, Francine & Shannon 321-3717  
 Smith, Andy 365-7553  
 Smith, Ernestine 323-7964  
 Smith, Susan 328-8340  
 Soll, Larry 326-8575  
 Spencer, Jim 323-7342  
 Spencer, Mary Kate 325-5337  
 Speyer, Lars 322-8089  
 Sprague, Gina & Tip 257-7653  
 Sprietsma, Bill 379-7525  
 Strassner, Bob & Jeanne 327-5970, 367-4435  
 Street, Shari 323-0951  
 Strickland, Louise 377-2990  
 Stockett, Bill 322-3049  
 Stone, Roz 948-1395  
 Sullivan, Cynthia 325-7764  
 Strasser, Judy 322-9615  
 Stradtman, Stephan 321-5342

**t**  
 Tabor, Lesley 948-5619  
 Tallakson, Jeff 848-7492  
 Taylor, Dan 326-4350, 4693, 247-1998  
 Taylor, Marcia 968-4910  
 Teegarden, Catherine & David 326-8757  
 Tesler, Larry 325-0115  
 Tesler, Shelagh 321-7580  
 Thatcher, Larry & Pat 851-1800  
 Tom 588-6795  
 Tarshis, Jean 327-5676  
 Teel, Gail 328-4941, 325-0115

**w**  
 Ware, Jim 854-4759  
 Warford, Jim 321-4976  
 Warren, Jim 851-7075  
 Weinstein, Lynn 326-8464  
 White, Diane 321-9706  
 Whitehill, Betsey 327-7264  
 Whitman, Mary 851-7321  
 Wiscavage, Patty 244-6268  
 Wolf, Nina 851-0158  
 Woodard, Kim & Judy 854-3455  
 Wolpman, Jim 854-3615  
 Wortheim, George & Mary 854-6812  
 Webster, Fred 321-4109  
 Wright, Larry 379-6844

**y**  
 Young, Marilyn 851-9977

**z**  
 Ziegler, Bob 824-5590

\*\*\*\*\***Organizations**\*\*\*\*\*

All Saints Episcopal Church 322-4528  
 Association to Repeal Abortion Laws 387-6480  
 (ARAL)  
 Bailbonds; Scotty McVay 368-3911  
 Berkeley Barb 849-1040  
 Berkeley Free University 841-6794  
 Black Community Relations Association 322-5332  
 Black Panther Headquarters 845-0103  
 Bridge Mountain Foundation 336-5787  
 CCCC 397-6917  
 Community Health Center 325-6141  
 Concerned Citizens 325-3765  
 Co-op Share #4481 (MFU)  
 Crisis Intervention Service, Palo Alto 327-9242  
 Draft Co-op 328-3966  
 East-West Book Store 325-5709  
 Esalen-at-Stanford 854-5681  
 Esalen, Big Sur 5671 (through operator)  
 San Francisco, 431-8771  
 Express Times 863-7775  
 Family Dog 346-0756  
 Foothills College Draft Counseling x281 948-8590  
 Foothill Experimental College 948-8590  
 Free Church 549-0649  
 Geological Survey 325-6761  
 Hayward Peace Center 581-4015  
 Heliotrope, Free U of Marin 931-1693  
 Human Institute 328-4770  
 Haight-Ashbury Medical Clinic  
 psychiatric annex 621-8259, medical: 621-9758  
 Institute for the Study (408) 659-4311  
 of Nonviolence  
 Keplers Books 324-4321  
 KPFA 948-6767  
 KSN 986-2825 (office), (DJ's)  
 KSJO 246-6060 (office), (DJ's) 274-1200

Resistance  
 Palo Alto 327-3108  
 San Francisco 626-1910  
 Los Angeles (213) 473-6410

Leviathan 824-8652  
 Liberation News Service (LNS) 626-8228

Media Workshop 325-2900  
 Midpeninsula Christian Ministry 324-0444  
 MIDPENINSULA FREE UNIVERSITY  
 Arts & Crafts Store 328-4944  
 The Nest 328-4941  
 Media Workshop 325-2900  
 Legal Services 325-1518  
 Print Shop 327-5676

Newsreel 863-6197  
 The Free U Nest 328-4941

Pacific High School 867-2260  
Peninsula Observer 327-3922  
 Peninsula School 323-5424  
 Portola Institute 323-5155  
 Print Shop (MFU) 327-5676  
 Printers Co-op 655-1018  
 (Committee on Public Safety Print Shop)

San Mateo County Bail Project (ROR) 365-0350  
 San Mateo Peace Center 347-7069  
 San Jose Free University 293-3852  
 Santa Cruz Free University 423-4486  
 Switchboard  
 San Francisco 387-3575  
 Berkeley 549-0649

Unitarian Church, Palo Alto 326-9031

War Resister's League (WRL) 626-6976  
Whole Earth Catalog 323-0313

Yosemite Ranger Station (209) 372-4466