

UNIVERSITY
FREE PRESS
MIDPONTICULA
SUMMER 1968



Summer Calendar

courses & events

SUN. 23 **MON. 24** **TUES. 25** **WED. 26** **THURS. 27** **FRI. 28** **SAT. 29** **WEEK ENDS**

JUNE **JULY** **AUG.**

BE IN EL CAMINO PARK

23 CA12 Prophecies

24 Introduction of Free U teachers Tresidder Union, Stanford, 7-11 pm

25 C15 Sandals
P2 New Wave Insanity

26 A1 Begin. Writers
A2 Life Drawing
A5 Writers
A10 Acting
A11 Flower of Life
A18 Beat It
C5 Karate
C11 Film-making
C12 French Cooking
C19 Batik
C20 Weaving
C21 Bake-in
C25 Zen Bookkeeping
CA1 Kennedy
CA9 Black
CA14 American Politics
P03 Non-violence
P11 Myth
R3 Begin. Chess

27 A8 Semi-Begin. Guitar
A14 Begin. Composers
A17 Poetry
A20 Recorder
A27 Wiggle Toes
C1 Revolutionary Press
C14 Egg tempera
C23 Photography
C24 Poor Peoples' Places
P01 Poolside Seminar
P7 To Grow
R11 Wines
R12 Backgammon
SA11 Roles
SA40 Early Morning Rain

28 A26 Indian Music
P05 Politics, Economics, & Sex
P10 I Ching
R7 Walk on Water
SA18 Adv. Group Loving
SA37 A-conditioned Non-mind
A4 Appreciation of Cinema
P1 Jungian Astrology
SP3 Eat Cheap
Chung Psychodrama Marathon (for Free U staff)

29 Afro-west Black poetry, jazz, rock.

30 SA23 Intentional Leadership

1 A9 Poetry
A10 Acting
A28 Heart Beat
C2 Computers Now
C5 Karate
CA5 Economics
CA7 National Voluntary Service
P8 Centering
P9 Astrology
P02 Ruling Class
R4 Participatory Salad
R22 Yoga Exercise
SP3 Eat Cheap
SA2 Contact
SA7 Life Modeling
SA8 Esalen Techniques
SA20 Growth
SA32 Loneliness
SA33 Compassion

2 A7 Expression in Music
A8 Semi-Begin. Guitar
A27 Wiggle Toes
C6 Linoprints
C9 Shorthand
C15 Sandals
C16 Things Mechanical
C17 Photography
C18 Mind's Eye
C26 Cake Decor
CA13 Speculation
P4 Oriental Dialectics
P5 Survival
R3 Adv. Chess Theory
R8 Philately
R12 Backgammon
SA9 Existential Encounter
SA10 Out of the Rut
SA12 Being Persons
SA13 This is It
SA14 Esalen Crabbag
SA15 Here and Now
SA25 Sarcasm
SA26 Square to Hexagon
SA16 Psychodramatics

3 A1 Begin. Writers
A2 Life Drawing
A5 Writers
A10 Acting
A11 Flower of Life
A18 Beat It
C5 Karate
C11 Film-making
C12 French Cooking
C19 Batik
C20 Weaving
C21 Bake-in
C25 Zen Bookkeeping
CA1 Kennedy
CA9 Black
CA14 American Politics
P03 Non-violence
P11 Myth
R3 Begin. Chess
SA3 Talking to Self
SA16 Psychodramatics
SA19 Love and Sex
SA22 Dolphin
SA27 Massage
SA34 Attack
SA39 Group Therapy
SP3 Eat Cheap

4 A8 Semi-Begin. Guitar
A14 Begin. Composers
A17 Poetry
A20 Recorder
A27 Wiggle Toes
C1 Revolutionary Press
C14 Egg tempera
C23 Photography
C24 Poor Peoples' Places
P01 Poolside Seminar
P7 To Grow
R11 Wines
R12 Backgammon
SA11 Roles
SA40 Early Morning Rain

5 A26 Indian Music
P05 Politics, Economics, & Sex
P10 I Ching
R7 Walk on Water
SA18 Adv. Group Loving
SA37 A-conditioned Non-mind
A4 Appreciation of Cinema
P1 Jungian Astrology
SP3 Eat Cheap
Chung Psychodrama Marathon (for Free U staff)

6 SA21 Sound of Silence
SA31 Group Encounter
A25 Experiencing Architecture
A26 Indian Music
C5 Karate
SA30 Free Woman?
SA36 Omega Gardening

7 A16 Drama Workshop
CA3 Naked Ape
P07 New Foreign Policy
K1 Kids Band
K2 Dance & Art

8 CA2 Socio-Engineering
SA6 Downloose

9 R2 Mountain Climbing
P04 Peace Games

10 SA5 Self and Not-self

11 SA5 Self and Not-self

12 R1 Limericks

13 C10 Kiln Building

14 R10 Camping--Vosemite
SA4 Beautiful Lotus Blossom

15 R10 Camping--Sequoia

16 CA6 Welfare as a Business

17 C8 Sandcasting Candles

18 P14 Centering in Action
R10 Camping--Oregon

19 R10 Camping--Oregon

20 R1 Limericks

21 R10 Camping--Vosemite

22 R10 Camping--Sequoia

23 R10 Camping--Sequoia

24 R10 Camping--Sequoia

25 R10 Camping--Sequoia

26 R10 Camping--Sequoia

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MIDPENINSULA FREE UNIVERSITY

What an organization does is the best indication of what it is. And the various activities described in this catalog give, perhaps, the clearest picture of what the Midpensinsula Free University is all about. Yet since what we are doing falls short of what we hope to do it has been felt that some statement of our intentions is necessary.

We feel that the American educational establishment has proven incapable of meeting the needs of our society. It often discourages students from thinking critically, and does not afford them meaningful training to help them understand the crucial issues confronting mankind today. Bound to the existing power structure, and handicapped by modes of thought fostered by big business, by the military establishment, by consensus politics, and by the mass media, it is unable to consider freely and objectively the cultural, economic and political forces so rapidly transforming the modern world. The present educational system in fact defends the status quo, perpetuating its evils and perils. The system has become rigid; it is no longer receptive to meaningful change. A revolution in American education is required to meet today's needs, and a new type of education -- a free university -- must provide the impetus for change.

Therefore, we affirm:

That freedom of inquiry is the cornerstone of education.

That each individual must generate his own most vital questions and program his own education, free from central control by administrative bureaucracies and disciplinary oligarchies.

That the class character of age in our society subverts education, and that the young are not too young to teach, nor the old too old to learn.

That education is not a commodity, and should not be measured out in units, grade points, and degrees.

That education aims at generality rather than specialization, and should supply the glue which cements together our fragmented lives.

That education is a process involving the total environment, which can only occur in a total community, in which each individual participates equally in making the decisions which importantly affect his life.

That education which has no consequences for social action or personal growth is empty.

That action which does not raise our level of consciousness is futile.

That the ultimate politics will be based on knowledge, liberty, and community, rather than on hate, fear or guilt.

That the most revolutionary thing we can do is think for ourselves, and regain contact with our vital centers.

That the most important questions which confront us must be asked again and again, and answered again and again, without end, until the millenium comes.

That the natural state of man is ecstatic wonder.

That we should not settle for less.

REGISTRATION AND FEES

Registration will be held at the following times and places:

MFU Store: 1061 El Camino Real, Menlo Park. From June 20 throughout the quarter, 11 am. -9 pm.

Stanford: Registration in "SCORE", at the Pavillion--June 24, 9am. -5pm. In White Plaza--June 25-8, 10am.-2pm.

By Mail: Cut the card out of the back cover of this catalogue and mail it, WITH MEMBERSHIP FEE to:
P.O. Box 6691, Stanford Calif, 94305. Mailed registrations which do not include the membership fee will not be accepted. After you register by mail we will send you your membership card and information on course locations.

There is a quarterly membership fee of \$10.00, payable by both students and teachers, which entitles one to attend all seminars and workshops and to vote on all policy decisions. For high school students, the fee is \$2.00. The MFU will accept additional donations for the Community Center, Bail Fund, Campus Fund, or any other Free U. thing you care to support. Make checks payable to Midpeninsula Free University.

For information consult this catalogue first and if still in doubt call the MFU Store at 328-4941.

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WHAT IS THE MIDPENINSULA FREE UNIVERSITY?

MFU is a non-profit corporation. We are organized in order to implement a vision of cultural revolution, in which a new society will develop within the shell of the old. We have a commitment to total reconstruction at all levels. Our goal is the emergence of a new politics, a new economics, a new religion, a new education, and a new version of humanity, based on libertarian, democratic, and communitarian values.

WHAT DOES THE MIDPENINSULA FREE UNIVERSITY DO?

Courses: Any MFU member may teach a course on any subject he wishes, in any way that he wishes to teach it. There is no screening of courses, and no central control over them, except in financial matters. All courses are listed in the MFU catalog. Members register and sign up for courses they wish to take at the beginning of each academic quarter. MFU attempts to education without bribery or coercion; we give no grades and grant no degrees. MFU members assume responsibility for their own education, and the survival and success of courses depends on their interest and initiative.

Political Action: Our premise is that education cannot be divided from action. Only by attempting to concretely realize our values do we come to understand ourselves, our society, and the relationships between the two. Our political commitments are arrived at by a majority of those voting at meetings of the membership. At present, we are committed to support the Peace and Freedom Party, oppose National Voluntary Service, oppose laws against the use, possession, and sale of marijuana, and support nonviolent resistance to the draft and to the war in Vietnam. During the past year, we have been involved in a variety of political activities. Our members have served on the legislature of the Associated Students of Stanford University, have been arrested at the Oakland Induction Center, have served as delegates to the State Convention of the Peace and Freedom Movement, have opposed political suspensions at Stanford University, have demonstrated against the National Service Foundation, and have worked to help coordinate the activities of the student movement at Stanford.

Cooperative Economics: We are setting up projects in cooperative economics so that we can move away from modes of thought and living determined by a competitive economic system which pits every man against his brother. The goal of these enterprises is to permit us to control, to a greater extent, the means by which we earn our livelihood, and to express creative energies through work. Presently, we operate an arts and crafts store at 1051 El Camino Real, Menlo Park, as a producers' cooperative. Space permitting, we will sell anything, with the producer setting the selling price. MFU takes 30% of the selling price from non-members, and 25% from members, in order to pay the expenses of maintaining the store. In addition, a large community center is now in the planning phase. We have appropriated eight thousand dollars for this project, including a five thousand dollar anonymous gift. We hope that a geographical center may mobilize a further local explosion of new cultural energy. The community center will house a dance hall, a coffee shop, arts and crafts workshops, a central office, and a print shop. The MFU print shop currently operates behind the store, utilizing an offset press and auxiliary equipment. Organizations we support and MFU members may use this facility to have printing done at little or no cost.

Newsletter: Our newsletter, The Free You, is mailed to members every two weeks. Editorial policy is to present diverse and opposing views, relevant to the problems we face as a community. All members are encouraged to submit material for the newsletter.

Media: We are trying to go beyond our membership and reach larger numbers of people by working with mass media, the underground press, demonstrations, movies, tapes, and posters. We seek new modes of communication to facilitate education for living. During the past quarter, MFU members were on five television programs. A movie dealing with MFU activities is now in preparation. Further, we hope to produce a handbook on the MFU which would include descriptions of some of the radical educational techniques employed in Free U. classes as well as personal statements of individual class experiences. If something has impressed you enough to want to write about it, give us a copy too.

Celebrations: We hold be-ins, sponsor performances in the arts, and throw parties, in order to foster spontaneous joy and human solidarity.

WHO BELONGS TO THE MIDPENINSULA FREE UNIVERSITY?

MFU membership is open to all. There are no prerequisites for admission. The registration fee is ten dollars per academic quarter, except for high school and primary school students, who pay only two dollars. Last quarter we had over a thousand members, registered, paid, and attending courses. About half our members come from the Stanford University community; the rest are drawn from other midpeninsula college campuses, from high schools, and from the surrounding communities. Although most of our members are in their twenties, we have some members from all age groups. MFU is not intended to be an organization of young adults. We are a community, and this implies the involvement of human beings in all stages of life.

HOW IS THE MIDPENINSULA FREE UNIVERSITY RUN?

MFU is governed democratically by its members. Basic policy decisions are made at the General Meeting, usually held once a month on the first Sunday of the month. Our newsletter announces the time, place, and agenda for the General Meeting, and carries arguments pro and con on important issues. Programs to implement policy are worked out by the Coordinating Committee, which meets every Thursday over dinner, from 6:15 to 8:00 p.m. Consult the newsletter or call 328-4941 for the meeting place. All MFU members may become members of the Coordinating Committee simply by attending and participating in the meetings.

The MFU Executive Committee consists of elected and appointed officers of the corporation, and meets irregularly. The Executive Committee has two functions, to provide administrative coordination, and to make decisions in emergencies. It is entirely subject to the Coordinating Committee and the General Meeting.

MFU has a paid staff of five full time workers. Staff members are presently paid one hundred and fifty dollars per month. We rely on volunteers to do most of the work on catalogs, newsletters, telephoning and registration, and on open committees to govern our day to day affairs.

MFU special committees and workshops are set up for specific purposes in order to further democratize, decentralize, personalize, and rationalize our structure. Members who wish to serve on committees should sign up for them when they register, or else call the telephone numbers given in the committee section of the catalog.

Special committees, unlike courses and other projects, are responsible to the membership as a whole. They operate within the bounds set by policies made by the General Meeting, and programatic guidelines set by the Coordinating Committee. Committees report regularly to the membership via the newsletter, the General Meeting, and the Coordinating Committee.

Members who wish to constitute a committee should get together, publicize their plans and activities, and request Coordinating Committee approval for committing MFU funds, resources, and name. Every committee is open to all members, except the Stanford Committee on Radical Education, which is open only to members of the Stanford Community, and the Free High School Workshop, which is open only to high school students.

Committee meetings should be announced in the Coordinating Committee meeting, the newsletter, and the bulletin board in the back of the store. At least two days notice should be given. It is suggested that each committee elect a chairman to announce and organize meetings and projects.

The purpose of committee decentralization is to bring together, in relatively small groups, people who are interested, informed, and involved in particular MFU activities, so that they may work together in a way that is both intimate and efficient. Committee meetings are conducted democratically, but informally, relying on consensus procedure rather than parliamentary conflict. When consensus cannot be achieved, the question at hand should be referred to the Coordinating Committee.

COMMITTEES

SCORE: (Stanford Committee on Radical Education) The function of SCORE is to represent MFU on the Stanford University Campus. It works with Stanford students, faculty, administration and alumni to bring about a more progressive educational policy and practice at Stanford University. SCORE is intended to be the most autonomous of MFU committees and may function as an independent affiliate under its own name. It has its own bank account, a desk, and a Stanford telephone extension (321-2300 x 4341), all located on the second floor of Tressidder Memorial Union building, in the area allotted to other student organizations. SCORE works with other educational and political student organizations on the Stanford campus, through the Stanford Community of the Left, which is a broad based federation of campus organizations. For information contact Vic Lovell at 854-3551.

Store and Headquarters Committee: This committee has two functions. The first is to administer and manage the MFU cooperative store. The second is to coordinate activities at the MFU central office located in the back of the store. The MFU store has its own bank account. Contact Rene Lewis, 328-4941, 321-6028.

Curriculum Committee: The Curriculum Committee looks for prospective course leaders, assists in the preparation of course descriptions, and collates this material for the catalog each quarter. It also arranges locations for courses and is available for consultations with course leaders. For information contact Robb Crist at 854-5905.

Rules Committee: This committee is concerned with creating and maintaining the democratic structure of MFU. It helps to interpret the MFU Articles of Incorporation and the Constitution and By-Laws and proposes rules of order and other procedure for the Coordinating Committee and the General Meeting. For further information contact Vic Lovell at 854-3551.

Finance Committee: This committee accounts for income and expenditures, prepares financial statements for publication in the newsletter, arranges for auditing MFU accounts, drafts a proposed budget at the beginning and end of each quarter for submission to the Executive Committee, the Coordinating Committee, and the General Meeting. For information contact Diana Shugart at 854-4759.

Community Center Committee: The Community Center Committee coordinates planning for the community center in downtown Palo Alto (see special projects), will coordinate the operation of the center when it is opened, and will plan for expansion and development of community services needed to build community. For information contact Bob Cullenbine at 326-8104.

Political Affairs Committee: This committee proposes, discusses, and carries out MFU political action programs, and administers the MFU Bail Fund. For information, contact Gaylord Smith at 854-6528, Graham Lewis at 321-6028, Lew Hailey at 321-2515, or Vic Lovell at 854-3551.

Members may obtain copies of MFU By-Laws at the MFU Store.

COORDINATING COMMITTEE MEETING

This is a weekly meeting, open to all Free U members, for the purpose of implementing the decisions of the General Meetings. We find out what needs to be done, gather information, and make decisions. We are trying to learn how to make decisions as a group. To achieve consensus through cooperation and understanding is often a difficult and frustrating ideal---sometimes the issues aren't clear, or seem irrelevant; ego trips and power trips and conflicts are often excessive; and meetings seem to last forever. But we have the ideal of working together as a community, and, within human limitations, we're trying to achieve that goal.

COORDINATING COMMITTEE CONFRONTATION

This gathering is limited to the regular participants in the Coordinating Meetings, and is intended as an opportunity to air conflicts and grievances with each other. In this way, we hope to eliminate the past residue of bad relations and free ourselves to form new and better and more honest working relations. We attempt to drop our public roles, turn ourselves inside out, and be honest with each other (and, perhaps, even with ourselves). Honesty is exciting---it is also more difficult in ongoing working and decision-making relationships wherein production and efficiency are needed. Locations of these Confrontations is announced at Coordinating Meetings.

COORDINATING COMMITTEE PSYCHODRAMA MARATHON -- Husain Chung

The pressures of trying to do something new often gets interpreted as a problem of interpersonal conflict rather than a natural product of creative tension. In order to get a better perspective on ourselves and our interrelations with others, both in work and for pleasure, Husain Chung will do a 40-hour marathon for staff, officers, and regular workers of the Free U, with follow-up meetings, monthly thereafter. We hope that this will be the beginning of a new kind of teamwork that will be a fresh, revitalizing force for the entire MFU.

The Marathon will start at midnight, July 5th and run through Sunday afternoon. There will be a charge of \$10 plus \$5 for food. Participants should bring sleeping bags. Once the marathon has started, participants will not be allowed to leave the room, except to go to the bathroom. No drugs of any type will be allowed. (People who would like to do the cooking for the group should contact Kathy Kirby, 948-3368 or 328-4941).

OFFICERS and STAFF

Elected Officers:	Coordinator	Kim Woodard, 2071 Santa Cruz, Menlo Park, 854-3455
	Associate Coordinator	Graham Lewis, 244 Bonita, Los Trancos Woods, 851-8706
	Associate Coordinator	Dave Teegarden, 240 Princeton, Menlo Park, 323-0951
	Treasurer	Diana Shugart, 2655 Alpine Rd., Menlo Park, 854-4759
Appointed Officers:	Secretary	Fred Nelson, 128 Los Trancos Circle, Portola Valley, 941-2187
	Curriculum Coordinator	Robb Crist, 2655 Alpine Rd., Menlo Park, 854-5905
	Media Coordinator	Dave Cook, 515 Encina Ave., Atherton, 369-3886
	Financial Coordinator	Dan Dewey, Box 2322, Stanford, 327-1356
Staff:	Coordinator for Political Affairs	Gaylord Smith, 2060 Avy St., Menlo Park, 854-6528
	Executive Director	Robb Crist, 2655 Alpine Rd., Menlo Park, 854-5905
	Newsletter Secretary	Fred Nelson, 128 Los Trancos Circle, Portola Valley, 941-2187
	Office Manager	Kathy Kirby, 27741 Elena, Los Altos Hills, 948-3368
	Store Manager	Rene Lewis, 244 Bonita, Los Trancos Woods, 851 8706
	Printer	Bob Palmer, 1061 El Camino Real, Menlo Park, 328-4941

THE CATALOG IS, because of the efforts of the following talented devotees: Janet Frank, Adreinne Juliano, Kathy Katz, Steve Manildi, Hayden Richards, Bob Palmer, Di Sommers, Graham Lewis, Joel Deuter, Robb Crist, Fred Nelson, and many others.

The Chinese landscape cover is by Mr. and Mrs. Chow Chian Chiu. The voluptuous goddess is known as White Tara and can be seen in the Avery Brundage Collection of the M.M.de Young Memorial Museum in San Francisco. Both items were photographed by Dave Cook.

COURSE OFFERINGS

INTRODUCTION

The following list of seminars was compiled June 9. Seminars that did not reach us in time will be included in newsletters. A bulletin giving information on course locations will be available the end of June. Teachers, please, if you change your meeting place, close the class, or cancel a meeting, etc., call the Store and have the information entered in the REDBOOK. Students - up to date information on courses is available in the REDBOOK at the Store. Late registrants - call instructors to find out about the class before calling the store.

For most courses there is no limit on the number of people who are allowed to register initially for the course. When we have too many sign-ups for a class, it is often possible to find a qualified person to lead an additional section. If you might be able to lead an extra section of a particular course, please call the Store.

For simplicity, courses are classified under seven very broad headings. As a result, the heading 'Art', for example, includes all the arts; 'Philosophy' includes the occult as well; 'Sensory Awareness' includes encounter groups; 'Crafts' includes computer science, etc. For some courses even the choice of heading is debatable.

ART

A1 BEGINNING WRITERS' WORKSHOP -- Bill McClain

Wed. 8 p.m.

This class is aimed at the beginning writer. As a group, we will discuss the initial problems encountered by the unpublished writer. These will probably include: perfection of a personalized style, subject matter, and discipline. These are by no means the only things that will be discussed. These problems will serve only as a place to start. Everyone is urged to bring their manuscripts to share with the group. Anyone interested in fiction or poetry should find this an interesting and helpful experience. The class will meet at my home, 1381 Orange, Menlo Park. Feel free to call me at 854-5667 (after 4 p.m.).

A2 LIFE DRAWING -- Brent Harold and Richard Elmore

Wed. 7:30 p.m.

This will be a course in drawing the human body. It should accomodate people of any degree of proficiency; those who know what they are doing can simply come and draw, and those who do not know what they are doing can ask for help. If we want, we can have a critique at the end of the session in which people expose their work to the criticism of others. The main activity, however, will be to draw the model. Classes will be held indoors but perhaps we could think of holding class at the beach or by somebody's pool.

People should bring to the first meeting something to draw with and on. During the course we will talk about the significance of media but part of the self-discovery of drawing is going to the supply store and choosing something you think you would like to make marks with.

This course is continuing from Spring Quarter and our present meeting place will accomodate 12 new members. There will be a lab fee of about \$1 per person per session to pay the model. Another possible arrangement might be that any class member who models free for one session could be exempted from payment of his share of the model's fee for the rest of the sessions. First meeting June 26 at 210A High Street, P.A. Call 321-6987.

A3 ART TREASURES PERMANENTLY ON DISPLAY IN THE BAY AREA--B. Boneysteele

Have you ever noticed that the traveling exhibits bring you to the museum? But often, it is the works of art in the permanent collection which you most enjoy.

The course will cover the work of Bennie Bufano, El Greco's St. Francis, Rubens' Tribute Money, Cellini's Salt Cellar, and the Oriental treasures in the Brundage collection.

Suggested reference: Henry Miller's New Direction Paperback, Remember to Remember.

Schedule: Introductory discussion Friday, August 2 at my home, 645 College Ave., P.A. 323-4700

Field Trips: Sunday, August 4, meet at 1:00 p.m. in front of Petrini's Mkt, Hillsdale Shopping Center to view the many Bennie Bufano sculptures in San Mateo. Sunday, August 11, meet at 1:00 p.m. at fish pond in front of M. H. de Young Museum, Golden Gate Park, San Francisco.

A4 AN APPRECIATION OF THE CINEMA -- Dave Cook

Friday evenings

Given by the program director of "The Flick" the course will study just where movies are at and check to see if indeed they are "better than ever."

Call Dave Cook at 369-3886, 515 Encina, Atherton.

A5 WRITERS

Wednesday 8:00 p.m.

A relatively unstructured bi-weekly activity for and by serious writers concerned with the energies of fiction, music, poetry, etc. -- not a writing class.

Call 321-4149, 321-9479, 326-5284, 369-3886, 326-2737, 326-0194, 323-7342 for further information. Prerequisites and enrollment limited. First meeting July 3.

A6 DIONYSIAN DISCIPLINES: LIFE DRAWING -- Nina Wolf

Perception (of body sense, form, movement)

Participation (movement, drawing, etc.)

Projection (via drawing, painting, photography, dancing, theater making, eating, hiking, sleeping)

First meeting Sunday, August 11, 1 p.m., for 4 hours or more. 136 Los Trancos Circle, Portola Valley.

The rest by volition and participation of students.

A7 EXPRESSION IN MUSIC -- Cynthia Verba

Tuesday 8:30 p.m.

This seminar will examine one of the evasive but crucial aspects of music -- its emotional or expressive content. Our main goal will be to gain an awareness of the nature and scope of the problem rather than a final conclusion. We will read about and listen to music.

Arrangements to be flexible. Call 321-8086.

A8 SEMI-BEGINNERS GUITAR -- Daniel Gonzales

Tuesday-Thursday 7:30 p.m.

At least 6 months to 1 year experience necessary. The course will deal with:

1. Co-ordinating chord changes while singing
2. Playing 3 and 4 finger style
3. Different hand rhythms
4. Mexican boleros

5. A lot of miscellaneous music I've picked up over the years.

Place to be announced. For further information call 366-2092.

A9 POETRY WORKSHOP -- Jim Spencer

Monday 8:00 p.m.

A workshop in which we will read and analyze poetry written by members of the class, and, according to our needs, discuss the work of other modern poets and their theories of poetry. We shall assume that each member of the class is attempting to shape a world for himself in the wilderness of language and that he wants at least one other person to live there with him. A class neither for traditionalists nor for those who believe that any personal outpouring will serve as poetry.

First meeting Monday, July 1, at 1106 N. Lemon, Menlo Park.

A10 ACTING CLASS AND EXPERIMENTAL THEATRE -- Steve Polinsky

Monday-Wednesday 8:00 p.m.

This past quarter the class has dealt mainly with individual problems, but we have run into difficulties with large attendance. A class like this demands freedom and time to work with each person at great length. It is because of this that I have decided to limit the class to fifteen people per class and extend it to meeting twice a week. We will concentrate on the problems of relaxation and getting rid of tension when appearing in a dramatic function. By getting to know each other and becoming aware of our specific hangups, we will be able to overcome some superficial things that impede the real creative abilities. I am currently in the process of organizing an experimental theatre and hope to involve all students and interested people. Any help would certainly be well received. Our main problems at the moment are: availability of actors, experienced or not, FUNDS, publicity and help, help, help.

Class will meet on Monday and Wednesday nights, 8 p.m., at Lytton House basement, Bryant and Lytton St., Palo Alto. Classes subject to change according to rehearsal schedules (these will be announced). To discuss specific problems or for information call me at 323-4400, or leave message at Free U Store.

A11 THE FLOWER OF LIFE -- Larry Booth, film maker; Sheila R. Booth, painter

Wednesday 8:00 p.m.

Creativity as experience

Experience as Creativity

Destruction to remove the facade

That the child may come forth

The palette that surrounds us

is also a canvas

Let us dance and sing

Let us create all from all

That is all

First meeting Wednesday, July 10, at 8:00 p.m. Some weekend meetings will also be arranged. Location to be announced. Lab fees in advance -- \$5.00. For further information, call 726-2681.

A12 ELEMENTARY FOLK BANJO -- Duane Austin

I will continue to teach beginners the basics of folk-style banjo. Classes will be arranged to the convenience of both teacher and student and will be limited to 3 persons per class.

Please call instructor to arrange for class. First class arranged as soon as possible. Call 967-0302.

A13 OLD TIME STRING BAND

Last quarter we held monday-night "jam sessions" with nearly a dozen participants playing the "good old country sound." This will continue if persons are interested. Pickers, singers, listeners, are all welcome. Call 967-0302 for time and place and details.

A14 BEGINNING COMPOSER'S WORKSHOP -- Andy Moorer

Thursday 10 p.m.

For people who can read music and want to write it but are having difficulty getting started. We will pool ignorance regarding inspiration, etc. and write works in any and all (and no) idiom for the MUSICIANS' WORKSHOP to play and us to hear.

Class meets at 2025 California Ave., #41, Mountain View.

A15 MUSICIANS' WORKSHOP -- Andy Moorer

Thursday 7:30 p.m.

All kinds of music. Last quarter -- PERFORMING NEW MUSIC -- from which this sprang, played old blues, modern, classical, chamber music, modern jazz, a mixed raga-banjo-baroque thing, etc. All instruments and types of singers. Willingness to read and/or practice music essential, "talent," being "good," being "out of practice" are irrelevant. BEGINNING COMPOSER'S WORKSHOP will write the charts. We'll tape the results.

Class meets at 2025 California Ave., #41, Mountain View.

A16 DRAMA WORKSHOP

Sunday 7:30 p.m.

A workshop for actors and/or playwrights in which we will read out loud and discuss plays written by members of class. Readings and discussions will also concern the works of Albee, Brecht, Pinter, Ionesco, Beckett, etc.

First meeting will be at 632 Harvester Drive, Foster City, on June 30. For further information call 349-3742.

A17 POETRY; EXPLORATION OF SHORT POEMS -- Al Collinet

Thursday 8:00 p.m.

I hope that we will share with each other what we have found that is beautiful, meaningful, and/or fun. And perhaps we will explore new joys together. We will attempt to discuss each poem until everyone is satisfied without destroying the poem. Poets -- Dylan, Sainte-Marie, Frost, Cummings, Shelly, Wordsworth, Gilbran, Whatever, and Norestrictions. First meeting July 4th at 243 Verbena, East Palo Alto. Phone 325-6075 for further information.

A18 BEAT IT! -- Doug Olmstead

Wednesday 7-8 p.m.

A drum class for beginners (adults). Regular attendance required. Location to be announced. For information call 323-9601 or 948-6969.

A19 AESTHETICS -- THE STUDY OF THE BEAUTIFUL -- Bill Bryner

Tuesday 8:00 p.m.

Man has five senses with which to explore his environment. Separately or in concert, these senses can allow man to experience beauty. This experience is sometimes called an aesthetic response. This course will be directed at enabling its members to experience beauty in nature and the arts. The format will be a combination of guest lecturers, discussion, and non-verbal communication. The course will be experimental and limited only by the imagination of those who attend.

Location: 1285 Montecito Ave., Mountain View, 961-6287.

A20 RECORDER ENSEMBLE FOR BEGINNERS -- Bernie Sjoberg

Thursday 8:00 p.m.

If you are a rank amateur with the recorder, this is the ensemble group for you. We will play, stumble, and laugh together through the old masters of Renaissance and Baroque music. When all else fails, we will fall back on amiable conversation and good companionship, or listen to Donovan and the Doors.

Recorders of every description are invited to participate. The course leader, who will be a leader in name only, plays an alto and has a bass on order. Bring your own recorder and also a music stand, if convenient. And if you own or can borrow ensemble music, especially easy music, that too will be gratefully appreciated.

The first meeting will be June 27, at 1000 Almador Ave., Menlo Park. For information call 325-2773.

A21 RECORDER ENSEMBLE--Laurie Becker

This is a chance for all of us who play away, alone in the quiet of our living rooms, to come together and share our music in concert. Preferred are people who already know recorder fingerings and can read music (if you can already read music, you can learn the fingerings in a matter of days). NOT preferred are people so proficient that shrillness, a little-off-the-pitchness, etc. would drive them buggy. In other words, it is an amateur group, but we want to play real music (like Baroque).

All types of recorders are welcome. If you play an alto, tenor, or bass, you are more than welcome! The only cost will be that of purchasing sheet music, but we can put several people on each sheet.

The first meeting will be during the first week of July. For time and place call 961-4664. We can then decide what hour and day would be the most convenient for everyone to meet.

Remember, if you are interested and can already read music, you can buy a three dollar recorder and be playing classics by the time of the first meeting.

A22 PRESENTATIONAL THEATRE THROUGH FREE IMPROVISATION--Paul Genge

The object of this workshop will be to create spontaneous exploratory theater. Free association, the development of the rhythm of gibberish, the use of mime, dance and music leading into the presentation of several distinct playlets simultaneously on the same stage. These playlets will vary around certain selected themes. The development into broader and more advanced improvisational works is the projected desideratum. Preference will be given to those serious drama students (young or old) whose collateral background or training (music, poetry, dance, mime, etc.,) will help in achieving the synthesis toward which the workshop aims. Time and place to be announced. Sign up and you will be contacted.

A23 CHAMBER MUSIC--Duncan Thomas

Wednesday, 8 p.m.

The world is full of lonely amateur musicians who would just love to play chamber music but do not know how to get started. I would like my course to be a way for us to meet each other and form sonata partners, piano trios, quartets, woodwind quintets and other groups that can work well together. We could meet each week to play for each other, and perhaps occasional master classes and professional coaching could be arranged.

Class meets at 828 Ramona, Palo Alto. For further information call 328-7769.

A24 AN EXPERIMENT IN TAPE RECORDER ENCOUNTERING

Find yourself a mobile tape recorder, and we will get together and experiment. Barbara Martin 851-8356. Time and place to be announced.

A25 EXPERIENCING ARCHITECTURE --Bruce Ross

Saturday, 10 a.m.

Walk through, around, in and on, various buildings and spaces to illustrate forms, structure, and composition. This is not a guided tour of famous buildings. Whenever possible, the architect will accompany the group to defend his point of view. The group will meet each Saturday at 10 a.m. at the site selected at the previous meeting.

First meeting will be Saturday, July 6, at 1736 Stockton, San Francisco. Call 435-3414 after 7 p.m. for further information.

A26 INDIAN MUSIC WORKSHOP

July 5 and 6

On this weekend, the Stanford Summer Festival of the Arts presents Ravi Shankar and Ali Akbar Khan in two concerts outdoors in Frost Amphitheater. Workshop participants will have a special block of seats for each concert and will meet during the afternoon preceding each concert in an attempt to prepare for the truly mind-blowing experience that Indian music can be. The instruments (sitar, sarod, tabla, tanpura) will be demonstrated by students of Ali Akbar Khan, Nihkil Banerjee, and Mahaparush Mishra. The ragas to be played that evening will be explained and demonstrated. The ideas will be proposed that music, especially classical Indian music, is one of the yogas that can lead to the Flash of Cosmic Consciousness, and that other approaches to the Flash can be combined with music to facilitate the attainment of Cosmic Consciousness.

Exact time and place to be announced.

A27 COME WIGGLE YOUR TOES AND LET YOUR HEAD BE COOLEL

Tuesday 9:30 a.m.

Towards freedom of movement through turned on ballet techniques. Expand awareness of your bones. Men and women -- consistent attendance necessary.

Sign up and you will be alarmed. Class meets Tuesday and Thursday at 9:30 a.m.

A28 HEART BEAT RHYTHM -- Mula

Location to be announced. Call 328-4941.

Mon. 8 p.m.

CRAFTS

C1 THE REVOLUTIONARY PRESS-- Bob Palmer , Lew Hailey & Graham Lewis

Thurs. 8:15 p.m.

Next to thinking for yourself, the most revolutionary thing you can do is to have at your disposal, and know how to operate a printing press. Course will cover theory & mechanics of operating a small printing plant. Students will receive thorough training in the operation of the Free U's 11X17 offset press, and auxiliary equipment. Students who successfully complete the course will participate in printing the Fall Free University Catalogue. Limited to 10 people.

First meeting Thursday, July 4th at Free University Store. For further information call 328-4941

C2 COMPUTERS NOW -- Larry Tesler

Mon. 8:00 p.m.

This seminar will be guided by students' questions. Little or no familiarity with computer science is needed to enroll. If you wish we can explore scientific, systems, or business programming; languages; artificial intelligence; simulation; scheduling; small computers; super computers; architecture; computers and society; how to avoid errors; what's wrong with IBM; nearly anything except numerical analysis.

First meeting July 1. Call 326-5378 and ask for the location of Larry's Computer Class.

C3 SPINNING, TATTING, & CARD BELT WEAVING -- Laurie Ann Lepoff

For anyone interested in learning any or all of the above arts. Prospective tatters (lace makers) must be dexterous people. Tatting shuttles can be purchased at Palm Variety in the Palm Plaza on 557 Castro Street in Mountain View for about 25¢ each. The plastic ones with no hook are best for learning. Spinners must bring carders. They can be ordered from Custom Handweavers, Allied Arts, Arbor Rd. & Creek Dr., Menlo Park. A last-ing pair (set in leather) will cost about \$7.00. Order as soon as possible. Weavers can pitch in for materials as they are needed. Limited enrollment.

Time to be arranged. For information phone 736-2004

C4 MACROBIOTIC COOKING Ann Harkless

This is the practice known to Japanese as SHŌJIN RYŌRI, cuisine for (spiritual) advance; and the basis of the Quaker ideal, "Plain Living, High Thinking." By our thinking we create order in our food. By our eating we create order in our thinking. Thus we can change ourselves at any time. Class consists of demonstration and a meal. Each person's share in expenses is \$12.00 for eight sessions, payable at the first meeting.

First session Sunday, June 29, from 10:00 a.m. to 3:00 p.m. Place to be announced. Call 924-9404 for further information.

C5 KARATE

"Karate" in Japanese literally means empty hand. This is derived from the fact that the art of karate was originated as a weaponless system of self-defense. as a martial art karate consists of various techniques of blocking or thwarting an attack and counter-attacking the opponent by punching, striking, or kicking. All techniques are based on the most effective and rational use of every part of the human body.

Modern karate has three important aspects. First, it is a high quality type of physical art that utilizes and exercises all parts of the body. Secondly, it is gaining in popularity as a competitive sport. And, thirdly, it is a very fine system of self-defense.

The Karate Club meets three times a week (Mon. and Wed. 6-7:30 p.m. and Sat. 11-12:30). First meeting June 24. For information please call Pete Benson, 742-1281 or Karen Marmon, 326-2737 & 369-3886.

C6 LINOPRINTS -- Theo Jung

Tues. 7:30 p.m.

Beginning class in Linoleum Block Cutting, including design and lettering. Practical applications such as greeting cards, letterheads, monograms, posters, etc. Require some aptitude for drawing. Limit six persons. First class Tuesday, July 2nd. For more information, call 328-1867

C7 PRACTICAL TELEPHONY -- Alex Bell

Principles of dial telephone systems, with emphasis on such subjects as installation of extension phones, intercom systems, and similar practical subjects.

Will meet sporadically; sign up and you will be contacted.

C8 SANDCASTING CANDLES -- Bob Cullenbine

San Gregorio Free Beach. All day. Bring food & refreshments. Wax and wicking provided at cost. Everyone welcome.

Meeting Saturday, August 3rd.

CRAFTS

C9 SHORTHAND FOR SECRETARIES -- Janet Frank

Tues 8 p.m.

Gregg Shorthand (Diamond Jubilee) for people who are currently working as secretaries but do not know shorthand. We will try to get through the basic Gregg text as well as many brief forms as possible. We will also talk about our own work experiences. Class limited. Call 322-7976 for information. Class meets at 1265 Santa Cruz, M. P.

C10 BUILDING A RAKU POTTERY KILN -- Cramer Owen

We will study the Ancient Raku Ceremonial as it has influenced contemporary pottery. This will include building and operating a knock-down kiln and exciting production of Raku-type pottery. Meetings will be held on two Saturdays, July 13 and 20. There will be a \$3 charge for materials. If you would like us to build our kiln on your land, let us know. Also, if you are interested in kilns of a more massive variety you might wish to volunteer to help build a hill-type Chinese kiln. For further information call 948-7172.

C11 FILM MAKING -- Dave Cook

A continuation and a beginning. Call 369-3886. Wed. 8 p.m.

C12 COOKING TAUGHT IN FRENCH -- Babette Wills

Wed 8-10 a.m.

A course in French cuisine taught in the French language. Those who sign up should be interested in cooking and in the French language, but need not have any previous experience with either. Course leader was born in France, is now an American citizen. French attitudes and culture, as expressed in the art of cooking will be explored. The class will meet at 2 Arastradero Rd., Portola Valley on July 3. For information call 851-8163.

C13 POLITICAL CARTOONING AND SEXUAL SATIRE -- Dennis Blank

Theory and Technique. Time to be announced. For further information call 241-0307.

C14 EGG TEMPERA -- Sue Nair

Thurs. 1 p.m.

An old Florentine medium adapted to Twentieth Century subjects. Some experience in drawing and painting required; materials not provided. Limited enrolment. First meeting July 4 at 355 Selby Lane, Atherton. Call 369-4993.

C15 SANDAL MAKING -- Bobbie Lucas

Tuesday

A demonstration of a few simple steps and you can go home and make your own sandals from a piece of leather, a mat knife, and a few hours time.

Will meet: **July 2** 1-2 p.m. Tues.
8-9 p.m.
July 9 1-2 p.m.
8-9 p.m.

Meets at 1525 Waverly Street, Palo Alto. For information call 321-0287.

C16 THINGS MECHANICAL
-- HOW THEY WORK

Tuesday

The assumption is that by examining a device and thinking, a person can figure out how it works. We will examine devices (typewriters, clocks, sewing machines, whatever) suggested by the members of the class, by taking them apart whenever possible (which is most of the time). We might discover that we can make a clock go backwards, or a typewriter type from right to left. A purpose will be to overcome discomfort with machines and gadgets.

Limit of 12 although additional section might be arranged. First meeting at 2779 Ross Road, Palo Alto, on Tuesday, July 2. 326-4733.

C17 BEGINNING PHOTOGRAPHY -- Dave Cook Tuesday, 8 pm

This is a rather specialized course aimed at the rank amateur who wishes to advance from the proto-instant stage to the art of movie making. 515 Encina Ave., Atherton. 369-3886.

C18 IN THE MIND'S EYE -- Tom Schmidt Tuesday 8 pm

An informal workshop-seminar in the craft of photography. This course continues CAMERAWORK from the spring quarter. The course remains open to new people, accomplished craftsmen and novices alike. As human perception and talent are the vital elements in any human endeavor, those having special skills or visions are free to come and turn us on. The seminar this past quarter began exploring the various esthetic intentions photographs have been made to communicate, by examining the work of the masters (Lange, Bresson, Agate, Weston, et al.). Faithful application to the study of such men can raise one's consciousness of photography out of the instantatic/10-second Polaroid malaise of the masses and expand the awareness of potentials for meaning in one's own work. Participants are expected to share their work with others, subject to the limitation that these photographs be discussed solely in terms of their maker's intentions. Novices will be helped by continuing members, and a darkroom is available to course registrants. Please bring a clear perceptive vision. Tuesdays, 8 p.m. 1543 California Street, #3, Mountain View. For additional information call 969-0325 eves.

CRAFTS

C19 LEARN BATIK, THE TRADITIONAL -- Hansa Kothari & Wed. DECORATIVE ART OF INDIA Saicha Bashir

Batik is a means of printing on cloth by means of using the ancient "resist dyeing" method. Hot wax covers the portions of traditional Indian design. Batik prints make artistically beautiful and original dresses, shirts, scarves, cushion covers, table cloths, wall hangings, curtains, lampshade covers, etc. The teachers are visitors at Stanford for the year, providing the people of this area with the unusual opportunity to learn this very unique process.

The course will be offered on Wednesday mornings from 10 to 12. There will be a fee of \$5 to cover cost of materials and dyes unless you use your own. 4 sections, 2 Wed. in a row each.

C20 WEAVING OPEN HOUSE -- Janet Frank Wed.

Last quarter's weaving meetings were a success. This quarter we will meet Wednesday nights to work on projects and instruct newcomers in our group, and to instruct each other. First meeting July 10 at 1265 Santa Cruz Avenue, Menlo Park. For information call 322-7976.

C21 WEDNESDAY NIGHT BAKE-INS -- Walter Reynolds Wed.

(Previously "THE ART OF GIVING AWAY BREAD") In these Wednesday night Bake-Ins, the subtle consequences of freely sharing fine bread will be pursued. It is a group participation seminar with practical laboratory (kitchen) training. Whole wheat bread baking will be done; and discussion will include the instructor's and previous pupils' experience in giving away bread. An objective will be devising further social experiments in moneyless bread distribution.

Mr. Walter E. Reynolds (BSc in EE, MSc in Engineering Science) was instrumental in founding the baking efforts in San Francisco and Marin County that now bakes and gives away upwards of a ton of "home baked" bread a week.

Meetings are Wednesday evenings--lab time is nominally 7:30 to 10:30. Somewhere in there, while the bread is rising, there will be an hour of informal talk over (if the instructor got an early batch out) hot bread and honey. The course does not have a continuing sequence--persons are invited for as few or many times as they are interested.

For further information, including how to get there, call Mr. Reynolds at 322-0884. Meetings are to be every Wednesday.

ALGEBRA IN COMPUTERLAND -- Bob Albrecht (Computers for Fun and Profit)

C22 A series of events for people who are curious about computers or wish to learn how to control and use them for personal advantage.

Events include lectures, seminars, movies, field trips and problem-solving workshops. In the workshops, participants will learn computer programming by means of actual, "hands-on" use of equipment. For them that needs it, there will be math review, algebra through elementary calculus. For them that wants it, we will teach some introductory statistics and numerical analysis.

Many of the events will be held at PORTOLA INSTITUTE 540 Santa Cruz, Menlo Park. We will try to set actual schedules according to the desires of those who enroll.

There is a fee of \$10 to cover the cost of computer supplies and instructional materials. For information call 323-5155.

C23 VISUAL IMAGINATION IN -- Ronald Croci Thurs. CONTEMPORARY PHOTOGRAPHY

A study of modern filmmakers and still photographers oriented toward helping the student to see what he sees, to interpret it and find a way to express his vision graphically. We will study all graphic media, working with "people, places and things." We will learn how to use our imagination in vision instead of relying on our memory to associate one object with another. Our main endeavour will be learning how to transcend the spirit with the eyes.

There may be field trips to the high Sierras, coast and desert regions. Class can also include basics in lithography and silkscreen, but in lectures only.

Thursdays, beginning July 11. Ronald Croci, 240 Old Ranch Road, Woodside. To find place get maps at Free U Store. 341-0189.

C24 POOR PEOPLE'S PLACES -- Eva Vincent Thurs.

This course is intended for people who have plenty of energy and very little money. Particularly (but not exclusively) those young people who have not yet had a place of their own, so that they may avoid some of the

usual Madison Ave. pitfalls, and hopefully make some good beginnings.

Eyes will be trained to see, learn and know what lighting, color, size, form, pattern and texture are all about.

We will discuss how to choose and use old furnishings and junk, ways of making miserable furnished rooms and apartments less miserable, and what's cheap and good and how to find it anywhere.

A practical project may be undertaken if the group so desires.

This course will be led by an experienced interior decorator-designer-artist.

Location to be announced. Time: 8:00 p.m. Thurs.

C25 ZEN BEEKEEPING--TO BEE OR -- Bob Palmer & Wed. NOT TO BEE Lew Hailey

We will discuss what beekeeping is. We will visit a natural bee tree, live in the woods. We will keep some bees in a glass observation hive. We will maintain a full-size hive of bees for the production of honey to be used in the Free University Coffee House.

Professional beekeeping lore will be imparted. Such esoterics as supers, frames, foundation, nets, gloves and smokers will be discussed, demonstrated, and used by all. Basic equipment for demonstration hive is to be supplied by the Free University; participants wishing hives in their own backyards will be able to purchase equipment at wholesale location of bee-in to be announced (Your laurel-covered country hillside?) 12:30 p.m. Wed.

C26 CAKE DECORATING FOR BEGINNERS -- Carole Cullenbine Tuesday

From constructing a paper cone to completing a wedding cake. Royal and Buttercream icing will be used for border and flower work. Occasion cakes such as books, pianos, doll cakes and cake houses will be made. Vegetables, fruit and figures to marzipan; sugar-molded panorama balls and eggs; decorated sugar cubes and piped figures will be attempted. Wear old clothes or neck type apron. Limit 10 students. A \$15 fee will be charged for equipment and materials. First meeting 8 pm July 2 at 921 Ramona Street, Palo Alto, call DA6-8104.

CA1 TRUTH ON THE KENNEDY ASSASSINATION--Phil Good

Wed., 7:30 p.m.

Critical review of published and unpublished material on the Kennedy assassination(s). Class meets at Los Gatos Post Office Plaza. For further information call 408-742-0915.

CA2 SOCIO-ENGINEERING PROBLEMS SEMINAR--Frederick B. Wood

Mon., 8:00 p.m.

This seminar will meet twice a month to discuss important questions brought up in the previous quarter in the Communication Theory in the Cause of Man course which overlapped with other Free U courses.

- July 8 - Cybernetics and a Needed Book.
- July 22 - Metatechnology, Cybernetics, and General Systems.
- August 5 - Derivatives of History and Bio-Social Evolution.
- August 19 - The I Ching, Epicosm Models, and Physical Constants.
- September 9 - Civil Rights and the Thermodynamic Imperative.
- September 23 - A Star to Steer Civilization through two second transitions: Technological (Power to Communication) and Social (Mosaic to Equipotential).

Meetings will be held in San Jose at 2346 Lansford Ave. For more information call 269-9327. A short bibliography will be distributed at the first meeting. Advanced copies available by mail.

CA3 THE NAKED APE

Sunday, 7:30-10
pm

The text is a provocative current work by a British zoologist. A group discussion (limited to 15) will consider what man is, biologically, and therefore what choices he has.

Some acquaintance with genetics is essential. A limited understanding of biology and/or anthropology is desirable.

First meeting July 7. Location to be announced. Enrollment closed after three weeks. Call 323-1037.

CA4 THE FIRST DAY OF THE REST OF OUR LIFE--A Three Phase Concept

Phase I: Alternative Futures--Peter Keegan

The review, survey and analysis of our past and present. Then the exploration of alternative futures for our lives. This will be an evaluation of the opportunities. Alternative futures will seek to design new concepts that can be implemented--This is an idea be-in--the expression of creative, exciting, adventuresome ideas. This class will be open to those approved by instructor. 327-8877. Day optional. Class size will be very limited.

Phase II: New Vocations

Explore new, challenging careers and professions. What opportunity is there in the public (government), the private (business of all types) and the independent (institutes and foundations) sectors? Then we intend to publish an International Urbanist Magazine. This will tell the story of persons who are concerned with the quality of life. The magazine will feature profiles of persons who are trying to solve the problems that exist about all of us. What the problem is and how they have or are attempting to bring creative answers to the problems in significant ways. Included will be employment opportunities from all over the United States and the rest of the world, so you can begin your own new career--writers, researchers, and persons skilled in journalism and publishing are needed.

Phase III: Summertime Fun and Community Facilities

The course will visit the recreation centers, go to theater events, research in libraries, and plan beach parties, houseboat outings. The group that plays together, stays together. To create and implement alternative futures and new vocations.

CA5 ECONOMICS VS. SOCIAL INJUSTICE--Ed Ray

Monday, 8 p.m.

Using existing economic tools such as price and allocation theory, in a competitive economic situation, what insights can we get into the housing problems, educational problems, wage differential problems, etc. of negroes? How can we use the pricing system to remove inefficiencies and injustices in the allocation of human resources? For further information call 323-3623. Class meets at 1051 Laurel St., Menlo Park.

CA6 WELFARE AS A BUSINESS -- Phil Good

August 17

Systems method applied to the development and administration of a total welfare program. Designed to tell people who give away money as a profession how to give away \$2 or more of every \$5 budgeted to them. For further information call (408) 742-0915, days.

CA7 THE NATIONAL VOLUNTARY SERVICE

Monday, 8 p.m.

What is it? It is looking for volunteers to place in community projects and it is looking for projects to place volunteers in. The first meeting will be held to discuss how it stands today, how it got there, where it is going and who is behind it. Where do we go from there? Build it up? Tear it down? Change it? Start a project? Volunteer? Work for it? Or against it? All of these? This could become a forum or a link between communities. What can we do--besides BS? (This is not sponsored by theNVS.)

First meeting July 1. Call 967-5870. Location to be announced.

CA8 WORKING ON THE OBSERVER -- staff of the Midpensinsula Observer

A work seminar in radical journalism, toward a community newspaper for a radical community. Power structure research, movement reporting, editing, art, etc. Call us or drop by the office, 180 University, Palo Alto. For information call 327-3961.

CA9 BLACK POWERS, BLACK PANTHERS, BLACK NATIONALISM - Jim Berk

Wed. 8 p.m.

Informative gathering on Blackness. Audio tapes of speeches, interviews and affidavits by Black leaders; Stokely Carmichael, Rap Brown, Huey Newton, Bobby Seale, Eldridge Cleaver and others. All 1968 tapes and then some not yet recorded; hopefully some cultural material. This may be your first trip on Black reaction to our racism or, maybe, you are deeply engaged and just want to keep in touch. Come and listen and then leave or stay and rap. Tapes, newspapers and other materials available. First meeting June 26 at 2163 Dumbarton, E.P.A. For further information call 322-7188.

CA10 HIGHER EDUCATION AND MINORITY GROUPS -- Frank Satterwhite

This course will survey the broad spectrum of higher education but will focus upon problems related to Access and Retention of minority group members. Topics for discussion will include but are not limited to: (1) Historical perspective - a. the predominately black college prior to 1900 and 1900 to present, b. the minority student and white colleges and universities prior to 1950 and 1950 to present, (2) Why is higher education failing minority groups? (3) The Black Talent Search among 'elite' colleges and universities, (4) the myth of the uneducable -- problems of access, (5) representative programs at colleges and universities -- problems of retention, (6) Why Black studies and Black Student Unions. No readings. Classes will meet twice a week - at night or on weekends. Time will be announced. For further information call 322-2200.

CA11 THE JEWISH COLLECTIVE -- Stan Mayerson

I am a Jew. I don't know what this statement means. I only know that in some way that is personally significant I feel different. It is easier for me to develop a sense of kinship with Jews even though the idea that this is true is repugnant to me. For a long time I have struggled and in many ways reflected the limitations of this identity. I do not observe the formal religious practices. I don't confine myself to the exclusive tribe-like association patterns that characterize the ghetto mentality. Yet some part of me is involved in the unique experience of Jewishness. The renaissance in social and consciousness experimentation has led me to believe that a group of enlightened, new left, hip, or whatever terms you think appropriate, Jews would produce a unique experience. I would like to get together with other single or coupled Jews and explore the possibility of a new "Jew trip". Sign up and you will be contacted.

CA12 PROPHECIES: CAYCE, JEAN DIXON, ETC. -- Lorraine O'Neil et al

June 30th, Sunday 8:00 pm.

Prophecies and geologists' predictions concerning the California coast. Prophecies of Jean Dixon, Edgar Cayce, Our Lady of Fatima, etc.

The citizens of Sodom and Gomorrah were forewarned, but perished. Now the citizens of San Francisco and Los Angeles have been forewarned; it is not too late to change the prophecies, but it can't be done by ignoring them.

CA13 SPECULATION: For People Who Have Good Use for the Thing Called Money
J. P. Morgan*

Tuesday, 7 p.m.

This course will cover the making of money by speculation. Come prepared to look at the world as it really is. The successful speculator compares the world as it really is with the way most people think it is, and takes advantage of the difference. It would also help if you have access to a few thousand dollars to use speculating. This is a practical course, and we will work toward tangible results.

The first meeting will convene at 7 p.m., Tuesday, July 2.

*Unfortunately, J. P. Morgan is not the instructor's real name--He was forced to adopt a pseudonym to conceal this bit of moonlighting from his up-tight establishment boss. To find the location, come to the Free U Store, 1061 El Camino Real, Menlo Park.

CA14 THE AMERICAN POLITICAL SYSTEM as viewed by a reformed WASP -- Bill Harris

Wed. 7:30 p.m.

This course will utilize the systems approach to the WASP. How does he view the American Political System? What factors influence and reinforce his view? How does he justify his perceptions? Can he be changed? Class meets at 132 Paul Ave., Mt. View. For further information call 967-4940.

POLITICS

PO 1 POOLSIDE SEMINAR ON EVOLUTION AND REVOLUTION--Pete

Thurs., 7:30 p.m.

Take a dip in our enclosed heated pool and then form informal group discussion on the material covered in last quarter's course #127 THE ROYAL ROAD/EVOLUTION AND REVOLUTION. Previous attendance not required. Call 251-7935

PO 2 THE RULING CLASS -- Steve Weissman

Mon. 8 p.m.

Is there a ruling class in the United States? How does it maintain power, and what are its interests? Who is in it? How do you find out these things? If you don't like it what can you do about it? A course on the American power structure, how it works, how to do research on it, and how to fight it. For further information call 647-9531.

PO 3 NON-VIOLENT THEORY AND EXPERIMENTS IN NON-VIOLENT PERSUASION

Wednesday, 7:30 pm

We will conduct an inquiry into non-violence and its social organization, and attempt to develop theoretical and practical alternatives to violence and its organization. There will be recommended and required reading. In cooperation with the Peace Games Committee, there will be a weekend workshop in non-violent civilian defense, which will provide focus for testing ideas techniques. Guest participants will include Ira Sandperl and Bob Weir. The first meetings will be held Wednesday, July 3, at 932 Parma Way, Los Altos. Call 941-0149 if you need a ride or for further information.

PO 4 PEACE GAMES--AN EXERCISE IN NON-VIOLENT DEFENSE--Roy Kepler, Tom Coats, Steve Morris and Lew Hailey

There is a growing body of opinion which supports the concept of a system of civilian defense which does not rely upon armies or the weapons of violence, but which is based on non-violent resistance.

This course will be a concentrated examination and testing of non-violent principles, strategies, and tactics, culminating in a weekend long socio-drama during which an unarmed population will defend non-violently an area of the Santa Cruz Mountains against an aggressive invader.

There will be a short reading list distributed at the organizational meeting, to be read before August 5. Organizational meeting July 9--7:30 p.m.

Basic Training--August 5, 13, and 20--7:30 p.m.

Maneuvers--Weekend of August 23, 24 and 25.

Evening meetings at 932 Parma Way, Los Altos. For further information call 941-0149.

Limited to 50 people.

PO 5 THE RELATION OF POLITICS AND ECONOMICS TO SEX--Andy Smith

Friday, 8 p.m.

The sexual revolution of today is based and will be based on deeper understanding of the influence of politics and economics on sexual behavior and ideals. Intellectual and sexual facism (competition) freeze our ability to grow and our ability to help our children achieve full sexual cooperation and freedom. The course will explore these forces with hope of reaching an understanding that transcends this culture.

Location to be announced. For further information, call 365-7553.

PO 6 RUNNING FOR CONGRESS AS RADICAL MIDDLE-CLASS ORGANIZING--Dave Ransom

This course leader, a Peace and Freedom candidate for Congress in the 11th district (San Mateo) and editor of the Midpeninsula Observer, will meet with people who would like to help in a campaign whose purpose is organizing rather than winning. The course will continue until early November. Its topics may include: power structure analysis; organizing of tenants unions, a free high school, a radical newsreel service; and the like.

Sign up and you will be called.

PO 7 CREATING A NEW AMERICAN FOREIGN POLICY--David Schumacher

Sunday, 8 p.m.

If you want to have a forum for simply putting down American foreign policy, do not come to this. We will start with the assumption that American foreign policy is not all that it should be. Things

we could consider would be: given that the U.S. is a vast world power, how can that power be implemented fairly and humbly? How should defense commitments limit us? Can foreign policy be spontaneous and imaginative or is sobriety and stability more important? Alliances? How can we shift smoothly from our present policy to a projected better one?

We can break up into teams: Constructing crisis scenarios and trying to solve them. We could organize a task force with members specializing and working together to formulate a proposed policy, or we could just free lance. The emphasis will be on constructive thought. Hopefully we can learn to detest current policy with compassion.

Location to be announced. Contact Dave at Humanist House, 125 El Camino Del Mar, San Francisco 94121

WHAT IS THE FREE HIGH SCHOOL PROJECT?

The Free High School Project is an attempt to set up a viable Free High School in this area, and to find ways to turn on the school system and how we can begin to counteract it when it gets up tight.

HSW FREE HIGH SCHOOL WORKSHOP

7:30pm, Tues.

This workshop will continue the function it carried out last quarter of co-ordinating the Free High School Project, and also to rap about what's happening in local High Schools. Tentatively scheduled to meet Tuesdays, this can be changed at the will of the workshop. If you are interested in the whole idea of the Free High School Project of the Midpeninsula Free University then sign up. First meeting Tuesday July 2nd. at the Free University Store, 1061 El Camino, Menlo Park. For further information call 328-4941.

HSO ABORTION AND BIRTH CONTROL

A short hang-loose course for high school students who want information that their hung-up high schools won't give them. The course is designed for students who want birth-control information or supplies, or a competent physician to terminate an unwanted pregnancy (inexpensively). The first of the two classes will meet (most likely) on June 28. Also individual counseling by arrangement. For information call 323-6802. Please call between 12 and 1 pm or 10 and 11 pm.



HSI THE POWER OF BASIC SPEECH AND OPINION -- Phil Masaoka

Monday 8:00 pm.

This course will instruct you in developing the fundamentals of the power of basic speech and how you, as an individual, can become a master stateman. Also this course will remove any shyness in getting in front of a large crowd to give a speech, and it will teach you to back up your opinions and ideas. Contact Phil at 325-0520. Course will meet at 353 Greenoaks Dr. in Atherton.

HS 2 HIGH SCHOOL ORGANIZING -- Peace and Liberation Commune

Wed. 7:00 p.m.

A seminar for high school people interested in organizing around the issues of the draft, racism, imperialism, high school education, etc. The seminar will be open ended and will continue as long as there is interest. If you dig it show up at 2282 Glen Way (Peace and Liberation Commune), East Palo Alto.

First meeting Wednesday July 10th. For further information call Pat or Roger at 325-7976.

HS 3 THE CRAFT OF LEATHER -- Debbie Miller

Sat. 1:00 p.m.

This and various other forms of art I would like to share with others, especially if anyone has some extra tools. There will be a small fee for materials.

First meeting Saturday July 6th, at 3164 Manchester Court, Palo Alto. For further information call Debbie Miller at 326-2628.

HS 4 SENSORY AWARENESS -- Lori Mayo

This is the time of life when we are becoming mentally aware. Now also should our senses be becoming aware of things around them. For the achievement of this awareness and for just fun, come and feel with us. Time and place to be announced. For further information call 327- 5386.

HS 5 MUSIC HATH CHARM -- Celeste

Know a song you would like to teach or to learn? Open to those who can and like to sing. Time and place to be announced. For further information call 321-8410.

HS 6 DID'JA EVER GET THE FEELING YOU WANTED TO RUN YOUR FINGER THROUGH A CAKE -- Lori Mayo

If you did, come and join in making, breaking and eating - find the fun of food. Time and place to be announced. For further information call 327-5386.

HS 7 DISCOURSOS ESPANOLAS -- Mary Kennedy

Sun. 3:00 p.m.

Para los que quieren practicar su Espanol con otras el mismo interes. Queremos hablar sobre cualquier cosa, pero principalmente en Espanol. Todos son recibidos con gusto. Location to be announced. First meeting Sunday July 7th. For further information call 326-9321.

HS 8 SEX AND THE SINGLE HIGH SCHOOL STUDENT -- Vic Lovell, Diana Shugart, and Gaylord Smith

Today the traditional morals et by the parental "sect" are widely unacceptable to teenagers today. This course will deal with the teenagers own morals, and whether or not they can be accepted by society. This will be an informal and frank course. The attitude and standards of the course will be set by its members. Location to be announced. This will be a weekend course, the dates to be announced.

HS 9 CREATION OF BREAD -- Lois Stern

Work with your hands to create a feeling of life. Bread is formed, grown, and lives. Fresh with melting butter completes the cycle of life. Create and consume. Time and place to be announced. For further information call 321-0910.

HS 10 WHY DO SOME PEOPLE TURN OUT STRAIGHT -- Nanci Nichols and Sharon Roseme

This class will discuss how an environment can affect a persons development and to try to understand a person from the standpoint of his environment. Why some people turn out to be fairly straight, others not so, some scientifically minded and others artistic. Time and place to be announced. For further information call 948-6030.

HS 11 BEAD WORKINGS -- Celeste

Thurs. 7:30 p.m. - 9:30 p.m.

Techniques; uses; where to buy and sell; history of beads. Perhaps make a beaded dress or woven in beads. Bring your own beads if you have them, 25¢ if you don't. First meeting Thursday July 8th. at 3435 Louis St., Palo Alto. For further information call 321-8410.

HS 12 INSANE ART -- Becki Cohn

People: bring all the clay and print and junk and anything you can think of to regenerate and create art as a group or individually and see what happens. Time and place to be announced. For further information call 321-9828.

HS 13 POETRY -- Kevin McCarthy

Mon. 7:30 p.m.

Perhaps a course, a path, an off ramp through orchards of Jarrell, Dylan, Stevens; over a knoll called Snyder, Jones, Smith and Ginsberg; into the valley of us. I believe in the fruit and vegetable section at Safeway, an MG 1100 I can't keep fixed and the need to flap my wings. ...Let us all flap our wings. Together. First meeting Monday July 1st. at 101 Di Salvo Ave., San Jose. For further information call 295-0261.

HS 14 CHE GUEVARA AND GUERRILLA POLITICS -- Sotere Torregian

A course dealing with the life, and philosophy of Che, will be arranged if people want it. If you are interested sign up and we will contact you.

For further information call 328-6712 or 321-2300 X4755.

HS 15 THE WRITTEN WORD -- Butch Worrell, Tom McGuire, Bob Gunderson, Sam Stern.

This is a course for those of you with a desire to communicate and no one to communicate with. Let us establish rapport via the written word. When you feel like expressing yourself just pick up a pen and communicate. No need to sign up just write to: Butch Worrell, Tom McGuire, Bob Gunderson, Sam Stern, Kapaa, Kauli, Hawaii, U.S.A.

HS 16 STUDENT POWER NOW! MENLO ATHERTON HIGH SCHOOL -- Jon Boyd

What is student power? It's the student's ability to control his surroundings on campus. This course will hope to be able to offer some solutions to some of the problems we are having on campus. We shall try to create a student power union pilot program for the fall semester of the '68 - '69 school year. Some of the grievances we shall rap on will be the following.

1. Lack of representative student control in disciplinary actions taken by the Administration against black and white students.
2. Refusal of Administration to accept the ten points or demands set by the Black Student Union of M.A.
3. Lack of control by students of their own activities which are presently controlled by the Administration.
4. Presence of police on campus.
5. Student control of course offerings.

All students welcome to join this course, but the course is basically for M.A. students. Again all other students are welcome! If you want student power, JOIN.

Time and place to be announced. For further information call Jon Boyd at 325-0423.

HS 17 MASKS AND NAMES -- Sotere Torregian

Wed. 8:00 p.m.

Who are you, your Mask, and Name, confiding your dreams, fears, thoughts, sex, hopes about life? What we imagine most menial and insignificant in ourselves is related to the universe. We must cultivate the seed (of which Socrates spoke), that is in ourselves, to direct the Revolution outward.

The poets touch on life and death - but who hears them? Through Kahlil Gibran, through Socrates, we will explore what is most significant in ourselves, becoming ourselves in Mask and Name.

The instructor of this course needs a place to meet and a ride. For further information call 328-6712 or 321-2300 X 4755.

HS 18 ROCK-BLUES WORKSHOP FOR HIGH SCHOOL STUDENTS -- Rick Fertal

Wed. 7:30 p.m.

This will be a jam session for any high school student who likes blues and rock music for their own enjoyment. High school students are preferred, others may join at the discretion of the workshop leader.

Location to be announced. For further information call 369-3555.

HS 19 PARLEZ-VOUS FRANCAIS? -- Linda Zamville

Si ti ne puis pas aller a France, viens et parle Francais avec nous.

Time and place to be announced. For further information call 322-7146.

HS 20 COULD IT BE YOUR BREATH?.....COULD IT BE YOUR SCHOOL? -- Lorna Huddleston and Nanci Nichols

In this class we will try to discuss and decide what to do about High Schools in this area (especially the Sequoia District). We will discuss how the students can go about getting more power in administering their schools. Some of the things we could discuss would be: the distribution of literature on high school campus', having seminars and speakers on important issues such as: Vietnam, racism, etc.

Time and place to be announced. For further information call 851-7698.

HS 21 YOUR RIGHTS AND THE LAW

A course will be given by a local attorney interested in young people knowing their rights in any dealings they may have with society, the police and at home. Sign up and we will contact you.

P 1 JUNGIAN ASTROLOGY -- Gavin Arthur

Friday 9:00 pm.

Evenings at home with one of the world's foremost astrologers and raconteurs. Personal anecdotes about the great and near great as well as seminar-type approaches to astrological theory and prediction, e.g., are we in the Aquarian age?

First meeting on Friday July 5 at 1703 Buchanan, San Francisco. For further information call 346-2878.

P 2 NEW WAVE INSANITY -- Gene Van Dyke

Tuesday June 25

Personal explorations of psychedelic experiences, including discussion of the positive aspects of schizophrenia and paranoia.

We will consider our own drug use and abuse and its social, religious and political implications.

Bring all your minds

Location to be announced. For information call 328-4941, Monday 2-5.

P 3 WITCHCRAFT -- Docey Baldwin and Janet Frank

A study of its history, vocabulary, credibility, and psychological relevance. Discussion of famous witches. Good witches and bad witches. Perhaps even a visit from a present-day witch.

Time and location to be announced.

P 4 PRACTICAL ORIENTAL DIALECTICS -- Ken Meyers

Tuesday 7:30 pm.

Your satori is only as good as your application. We will discuss Yin-Yang as applied to all levels of life. Recommended reading: The Book of Judgment by George Ohsawa. Meal after discussion. Location to be announced. For further information call 752-9424 in San Francisco.

P 5 SURVIVAL -- Phil Good

Tuesday 7:00 pm.

Survival is defined as the ability to reach maturity and reproduce. What does a man today need to survive in this sense? We attempt to strip him of his current cultural context, then rebuild a context suitable to present-day survival.

Class meets at post office, Los Gatos Plaza. For further information call 408-742-0915.

P 6 HOW TO USE POT, WRITING PROJECT -- Mike Young

Cannabis sativa is not going to go away, fuzz or no fuzz. It is also creating and complicating problems beyond the legal hassles for those who don't know how to use it. These is some evidence to suggest that one reason why some people go from pot to more volatile mind-alterers is that they do not know how to use pot. Among teacher-counselor-probation types there is massive misunderstanding of how pot is and can be used without abuse.

If you buy the above and are as bothered about it as I am; if you consider yourself a relatively experienced user; if you are interested in helping to write a primer that would help people understand the use without abuse of marijuana; then call me!

I am interested in attempting to delineate what sets and settings tend to produce what kinds of experience possibilities; what are the dynamics of pot and sex; of meditation and sex; what happens to the nature and quality of inter-personal relationships in various settings; etc. Why did the weed blow an otherwise beautiful scene? Was it necessary?

This is a serious project involving no illegal behaviour. We even have an interested publisher. If you have paranoid anxieties, feel free to use aliases; however, it is not a crime to HAVE used marijuana.

For information, call 326-9031 or 325-4912.

P 7 TO GROW -- Larry Tesler

Thursday 8:00pm.

"Everything serves to further" -- Jwab

Many of us in the Free U strive for one achievement above all others: Growth. Every experience, no matter what pain or material change it involves, can serve to further our growth. If the purpose of our life is to learn, then we can succeed in that purpose whatever the circumstances.

This course will discuss not only Growth Here and Now and Growth Theory, but also How to Grow in Special Situations such as Success ... Physical Pain... Mental Suffering... Imprisonment.

First meeting July 11 Growth guaranteed or your old self back.

P 8 CENTERING AND GROUNDING -- Ralph Metzner

Monday

This course consists of a series of weekly experiments in creative group unity and receptivity. Ancient and modern methods of meditation and expanding awareness will be explored and practised. It is hoped to develop mantra (sound) and mudra (posture) effective in channeling energies in the group and transforming consciousness.

The course will be limited to a maximum of 15 participants.

Location to be announced at Free U store.

P9 ASTROLOGY STUDY GROUP -- Freya Owen

Monday 8:00 pm.

Astrology is a method of knowing ourselves. It is based on the notion that moments are eternal and a birth is perhaps the most important moment of life.

The configuration of that moment indicates the relationship of an individual to the universe and his inner form, his potential and point of disharmony. The cosmic chart of his beginning moment is a mandala of his life and self.

This class will be meeting for rapping about astrology, consultation about horoscopes and general sharing of knowledge and questions. Place to be announced.

P10 I CHING STUDY GROUP -- Marshall Pease

Friday 8:00 pm.

The I Ching, or Book of Changes, is the ancient Chinese method of divination which is often found to have remarkable relevance to modern problems. The existing texts are considered to date from 1150 B.C., or 31 centuries ago. They are evidently based on a tradition that is older still. Hence the I Ching may well be the most direct link to the metaphysical thought in pre-historical times.

The group will study the I Ching (in English translation) both as a method of divination which is of great practical value, and as a metaphysical text of great profundity. The immediate objective will be to explore the symbolic interrelations and manipulations that underlie its interpretation. Some of these are known from the writings of Confucius and others on the subject. But even a preliminary study suggests the presence of other interrelative principles which are of major importance in the interpretation. It is, in fact, this multilayer aspect that makes the I Ching of such interest.

This is a continuation of a course begun in Spring quarter. New people are welcome if experienced in I Ching. Location to be announced.

P11 A GENUINE ALTERNATIVE: A MYTH DEPICTING THE ORIGIN OF MAN AND OF THE INDIVIDUAL -- John McCain

Wednesday 8-10 pm.

In this seminar we will discuss the following concepts:

1. The nature of individual self awareness.
2. The world as a given rather than determining factor in human existence.
3. The basis for a resolution of the mental-physical dualism.
4. The significance of the masculine-feminine, mother-child relationships.
5. The superiority of spontaneous behavior as reliable data in the pursuit of self discovery.
6. A method of dream interpretation.
7. Dreams as the potential arena of increasingly greater individual challenge and achievement.
8. The sexual union as a potential spiritual reunion, possessing the challenge and risk involved in an encounter with a spiritual death.
9. The achievement of a spiritual rebirth.
10. A concept of individual freedom.

For information call 851-0974, 8-10 pm.

P12 ESP CELEBRATIONS -- Darrell E. Tarver

This workshop will offer an opportunity for those of us terrestrials currently engaged in ESP research to demonstrate the astonishing (and delightful) results that are possible. Each Sunday will be a new event celebrating the insights gained during the previous week.

Time and place announced by ESP.

For further information call 586-5636.

P13 MAN IS A FALLEN ANGEL AS WELL AS A NAKED APE -- Kathy Kirby

A large part of our life is based on words. We talk, sing, write and read. We will try to get beyond this in a weekend of pure golden silence.

Meals will be planned in advance and people assigned to help. There will be some music for short periods. Otherwise nothing is planned. Bring a sleeping bag and anything non-verbal you would like to share. We will be in silence in the country.

For further information call 948-3368.

P14 CENTERING IN ACTION -- Bob Kling

July 26-28

A weekend for people to unhassle: In order to do what we want in a way that we can enjoy it we have to be able to unify our attention and remain open to what is at hand without getting hassled. Classical meditation offers a rich medium to learn attentivity but must be integrated into routine activity to be of any real value.

During this weekend we will explore ways of tuning in to what we're doing and staying centered while doing it. Meditation, chanting, breathing, massage, dancing, dyad-encounter, etc. will be used for tuning-in and centering. We will alternate between re-centering and doing, playing music, sculpting, writing, etc.

This weekend will take place in a tranquil mountain retreat. Participants should bring sleeping bags and \$3.00 for food. Call 854-6228 for more information.

RELAXATION

R 1 LIMERICKS -- Larry Tesler

Saturday
July 20, 8 pm

Limericks really are neat
They do not take long to complete
The lazy man's poem
Can cheer up your home
(We'll announce the location to meet)

R 2 MOUNTAIN CLIMBING-ROCK CLIMBING -- Dave Duff

Tuesday
July 9, 7:30 pm

This is a one-evening orientation to mountain climbing and rock climbing. One or more climbers will be present to discuss the following:

1. The subjects generally, with color slides and various items of technical rock climbing equipment.
2. Local climbing sites and necessary equipment.
3. Local climbing groups, climbing courses and schedule of the Sierra Club climbers.

Class meets Tuesday night, July 9, 1968, at 7:30 p.m. at 260 Sheridan, Suite 408, Palo Alto. For more information, call 328-0211.

R 3 ADVANCED CHESS THEORY -- Ira Pohl

Tuesday

A seminar for the experienced and serious chess player on the theory of chess. Systems of chess play like "My System" by A. Nimzovich and "Pawn Power in Chess" by H. Knoch will be discussed.

There will be no chess playing and all participants will be expected to have the chess competence of at least a class A USCF rating.

The first meeting will be held Tuesday, July 9, at 1166 Ramon Street, Palo Alto. For further information call 326-4093.

R 4 PARTICIPATORY SALAD -- Billy Hurwitz

Monday 5:00 pm

A non-ideological approach to the preparation and consumption of salads, dressings, and related garnishments. 83 Tuscaloosa Ave., Atherton, off El Camino.

R 5 CHESS FROM THE BEGINNING -- Fred Sommer

Wednesday 7:30

We will play chess, matching equal-strength players. Later we may attend or enter tournaments.

First meeting: 962 Pinewood Dr., San Jose, thereafter at students' homes. Call 252-1708 for further information.

R 6 AN EVENING OF BAWD -- Docey Baldwin

One evening of filfth with the ultimate intention of hearing the jokes you have forgotten, would like to retell, or have made up for the express purpose of telling them to a worthy group. Perverts welcome. Sign up and you will be contacted.

R 7 COME WALK ON THE WATER -- Bax Moyer

Friday 10 am

Water skiing once a week until everyone is fairly proficient, and then we will try some three-day trips to Tahoe, Redding...

Class will be limited to 20 (picked at random if more sign up?) unless another boat or two show up.

Moderate charge for gas, oil, equipment (less than 50¢ per day per person).

Sign up and you will be contacted.

R 8 PHILATELY, THE SCIENCE OF STAMP COLLECTING -- Jerry Eldredge Sr.

Tuesday 8 pm

Lecture of 30 minutes or less on basic collecting. Fundamentals of philately explained clearly. Stamp collecting as a hobby, for pleasure. Investment ideas in stamps, for future profit. Question and answer period after lecture. One and one-half hours or more of socializing, swapping stamps, comparing albums, sets, etc. Refreshments served, buffet style. Class meets at 731 El Camino Real, Redwood City.

R9 FREE BEACH "TRANSPORT SERVICE"

Persons needing or offering transportation to the Free Beach are asked to call me so that some effort can be made to get people together. I will also make available my carry-all (space for 8 friendly people) for 'bus service' if passengers will contribute for gas; available most days, at fairly short notice. Call 967-0302.

R10 DUST IN YOUR TOES...OR CAMPING--CAN YOU DIG IT! -- Shelagh Tesler

Weekends

Work, joy, love, beauty, the good smell of our food cooking over an open fire, and an unlimited amount of fun; sharing the sight, sound, and smell of earth, brooks, leaves, mosses, sand, the sea, the creaking of small animals, crickets, frogs, butterflies, ants, long hikes, some bears, chopping wood, and a nice kind of tiredness. These are the focus of this seminar. We will meet every third weekend beginning June 21. The schedule goes like this:

June 21 Mendocino County (Patrick's Point and/or Prairie Creek), beaches and redwoods.

July 12 Yosemite Rim (Tamarack Flat -- beyond campgrounds), mountains, woods, streams, waterfalls, many, many lakes, hikes.

July 26 Oregon Caves (Friday through Monday, or Thursday through Sunday), woods and streams.

August 9 Sequoia National Forest, Kings Canyon, woods, mountains.

August 30 Columbia River Gorge (Oregon-Washington border - 4 days).

September 20 Banf and Jasper (Canada -- Alberta and Saskatchewan Provinces, 2 week trip, if you can't make the two weeks, come with us as far as you can).

There is a strong possibility of taking along bikes, cycles, skis, and possibly a boat.

Requirements are good health, strength of spirit, a strong stomach, a sleeping bag, a flashlight, a jack knife (preferably of the type with a can opener, or bottle opener attached), a cup, and a great deal of optimism.

There will be a meeting the Tuesday before each trip to discuss climate, food, clothing, and other details. Please sign up for the trips you plan to make at registration.

Instructor can be reached at 27857 Moody Road, Los Altos Hills, after June 6.

R11 CALIFORNIA TABLE WINES AND DESSERT WINES FROM AROUND THE WORLD -- Craig Harrison, Mike Menke Thursday 7 pm.

We are fortunate to be within a two hours drive of vineyards which produce the best wine in all America. Many of them are small, and their wines are seldom, if ever, found outside this area. We will be sampling these wines and plan to make visits to the best local vineyards. We will also be sampling sherries from Spain as well as California, and ports from Portugal. There will be a \$10 fee for this course. (Paid up students only, please.) Limited: 30 students. There are 16 openings.

First meeting at 151 Calderon #61, Mt. View. For information call Craig at Y07-7858 or Mike at DA6-7946.

R12 BACKGAMMON--Betty Bateson, Sally Hayes

Tues. Thurs. 10-2

For people who are interested in learning and/or playing the fast and fast-action game of backgammon for relaxation, concentration, or money. Anyone can learn. Phone 323-5567 for further information. Location to be announced.

R13 FLIGHT OF THE CHEROKEE--Sam Darsie

by arrangement

Go where you want to go, do what you want to do, from sightseeing to aerial photography. When you are up, there are no hassles. Help pay the rental for a new Piper Cherokee and fly away. Special flights to awesome Alviso, colorful Cucamonga, and majestic Milpitas. For more information: 515 Encina Ave., Atherton, California 94025. Phone 369-3886.

R14 PRIMITIVE BODY MOVEMENT--Anne-Lise Malter

Monday 7-8 pm

A six weeks' course following an Esalen Stanford weekend in rhythmic exercises by the Danish Gössel Method. Spontaneous, invigorating--emphasis on the spine and pelvis, combined with breathing; utilizing the beat from tribal Africa to modern soul music.

Meets twice weekly starting Monday, August 5, 7-8 p.m. Call 327-3880 for further information.

R15 SCUBADO--Sam Darsie

by arrangement

A course in underwater exhilaration. For beginners and intermediates with a fair ability to stay afloat. Taught in a heated pool with at least several treks to the sea. Skin diving, underwater photography, salt water edibles, shell collecting, kelp pickles, or whatever your interest brings up. Equipment is available, but it is helpful and desirable to have mask, fins and snorkel. Experienced divers welcome to help teach and attend ocean treks. For more information: 515 Encina Avenue, Atherton, California 94025. Phone 369-3886.

RELAXATION

R16 GREEK DANCE HAPPENINGS--Bob Albrecht

Zorba the Greek is alive and well in Menlo Park! These happenings are for people who (1) don't know Greek dancing, but wish to learn, (2) don't know Greek dancing and don't wish to learn, (3) know Greek dancing and wish to dance, (4) know Greek dancing, but don't wish to dance, (5) _____ (fill in your own reason). We already have a nucleus of 50 people--if a few more join us, we will have enough for a Greek-In!

The following types of events will be scheduled arbitrarily and capriciously:
Classes for beginners (dancing to records and tapes)

Tours of the local Greek restaurants

Greek dance parties (some with live music, maybe some light shows, some indoors, some outdoors)

Whatever else we dream up!

A small fee will be charged for each event (except "tours") to cover the cost of music (records, tapes, or live Greek combo), refreshments, etc.

Those who sign up will be notified of each event as it is scheduled.

For additional information, contact Portola Institute, 1115 Merrill Street, Menlo Park, 323-5155.

R17 MIND UNFUCKING--Eric "Big Jaddy" Nord, dreamer

Religion--mysticism--music--nature--bacchanalian orgies--total recall with hypnosis + much more--timid souls welcome.

Meeting places will be announced by mail or phone to registrants.

R18 THE EXPERIENCE OF SAILING--Peter McCarron

All day trips on San Francisco Bay in a 21-foot sloop. Limit of four persons on any one day. Bring extra clothes as this is a rather damp sport. Please indicate on your sign-up if you can come sailing on a weekday.

A contribution of \$1 per person to cover the mooring charge would be appreciated. Scholarships are available. By arrangement. For information call 245-1519.

R19 CELEBRATION FACE AND BODY PAINTING

Everyone can do it -- grandma, grandpa, mom, pop, and the kids. All you need is the paint, a brush, a face or body to paint and wild-mild ideas. Face-body painting at the Be-ins is fun and helps make it go. It's a happy ice-breaker and out/in symbol but personalized. Much better than a rubber stamped wrist.

We would like to see more people involved in doing it. There is no limit to the market- kids come back five or six times.

So before the next be-in or outdoor happening, we will have a get-together for people who want to paint paint people. Just a few instructions on technique and materials and you're on your own. Call Glenda Jones and Jim Berk 322-7188.

R20 MARATHON- TWO WEEKS WITH PAY-- Larry Tesler

August 5-15

Hail the gen'rous liberal establishment

Two weeks off with pay

Some folks gaze at TV re-runs

Never seeing the light of day

Others go to Lassen Park

Camping, hiking, cooling, too

Those who'd rather choose the latter

Join this trip with MFU

Meeting to plan the trip Friday night August 2 at 8 pm. in MFU store

R21 THE HOBBY AND SCIENCE OF BIRD WATCHING -- Dave Desante

An introduction to ornithology. The seminar will consist alternately of lectures and field trips to such places as Palo Alto Yacht Harbor, remote areas of Stanford Campus, live oak-chapparral hillsides, and coast redwood forests. If the members wish, we may also go to the Monterey area or to Tomales Bay for a weekend. Topics to be discussed are: bird identification, migration, distribution, psychology, and conservation.

For further information call 328-4917

R22 YOGA EXERCISES -- Elizabeth Pompeo

Monday 8pm.

Any age, beginners and advanced. Place to be announced. For further information call 731-7979

SENSORY AWARENESS

SA 1 MEDWAY FOREST MARATHONS

The Medway Creatures will initiate visions of group communion in a series of 24-hour bi-weekly marathons. 7 pm. Friday through Saturday, Medway Forest. One dollar for expenses.

SA 2 CONTACT -- Bob Strassner

Monday 7:30 pm.

For those interested in an intimate group (limited to 12) to explore our "here and now" feelings toward each other, working through conflicts which develop in the group. This group is not the place to tell life histories or discuss your parent/sibling relationships. Interest will center on honest expression and spontaneity.

Call 367-4435 or 593-4687 evenings. Place to be arranged.

SA 3 TALKING TO YOURSELF -- Sherrill Krause & Larry Tesler

Wednesday 8 pm.

You will talk to yourself.

Say what you think of yourself, discuss what happened today, ask a favor, ask to be left alone; look in a mirror, tell what you see there, touch yourself; ignore yourself, fawn, be vindictive, torment yourself; answer the question, "Who are you?", "What do you want?", "Why?".

Will you listen to yourself?

First occurrence July 3. Place to be announced.

SA 4 BEAUTIFUL LOTUS BLOSSOM WITH FIRM MUDDY ROOTS -- Gene Neufeld

July 13 Weekend

Encounter group, sensitivity training, group world, group therapy, psychodrama, touch and trust groups, etc., etc.

What's happening? How has it developed? What are the roots? What is the fruit? What are the unspoken assumptions? Who is doing it? What are the contradictions? Let's put together what we know. Open to all regardless of training or experience.

SA 5 SELF AND NOT SELF - An Intermediate to Advanced Course in Sensory Awareness and Human Factors -- Lee Adams and Earl Shorthouse

Wednesday 8 pm.

These seminars will involve participation and examination of sociological experiences, e.g. spiritual, physical, hygienic, sexual and sensory awareness, through individual and group perceptions and perspectives. Individual contribution and group effort will be stressed. Intentions of the group will be to function as a self-actualizing body with a decentralization of leadership.

This will be run as a closed, sexually balanced group, with a maximum of 20 people.

Submit personal credo prior to screening and registration. First meeting, July 10; place to be announced.

For further information call 854-3549.

SA 6 DOWNLOOSE (Returns and Reruns of the Psychedelic Celebrations Workshop) -- E. Shorthouse Monday 8:30 pm.

This seminar is aimed at nostalgic FUPA members, the curious public, new members and various governmental agencies who wish to be filled in on what the Free U is all about. What's your interest? Bio Energetics, sensory awareness, I-Ching, Tao Teh Ching, Tantric Yoga, meditation, astrology, Free U Store, etc. We may even go into the Free U method of pleasantly wasting time.

For further information call 854-3549. Place to be announced. First meeting July 8.

SA 7 LIFE MODELING FOR SELF AWARENESS -- Barbara Martin

Monday 8 pm.

Modeling for a life drawing group can be an experience of greater self and body awareness. This experience is at times yoga-like and intensely self aware time, and then it can switch to this awareness by the group.

An exchange of feeling and body states can take place if the group is involved in drawing what they are feeling and seeing in model, and the model draws greater energy from this intensity of group feeling.

If the group and the model are feeling themselves and others intensely and freely, this group should need no one leader to direct the model. It is hoped that through this class, a union of group and model can be achieved.

This is a chance for people who are bored with attempting to draw like anatomy books, or your artist-teacher, and impersonal life drawing classes.

COME! Draw your feelings; draw on your feelings; feel with others and let them feel you. We will model and draw alternately. We can have it outside under the sun for additional warmth (and awareness) sometimes.

Class meets at 254 Los Trancos Circle, Portola Valley. For further information call 851-8356.

SENSORY AWARENESS

SA 8 ESALEN TECHNIQUES -- David Mastrandrea - Martine Boot

Monday 8 pm.

This seminar is mainly intended for people who have experienced or intend to experience the Esalen techniques. Each week those who have attended the preceding Esalen weekend will describe what happened and recount their personal experiences. Then we will try and see if the techniques employed by the Esalen professionals can be used by non-professionals in a successful way, by actually putting them into practice. Finally, we will discuss the possibility of extending the use of these techniques to various areas (e.g. every day life, the academic scene at Stanford, business, etc.)

Sign up and we will notify you of the place of the first meeting. List the Esalen seminars you have attended and intend to attend. For information call 854-5681.

SA 9 EXISTENTIAL ENCOUNTER WORKSHOP -- Charles Hornig

Tuesday 8 pm.

Verbal techniques, psycho-synthesis, Gestalt. For further information, call 293-2477. Place to be announced.

SA10 OUT OF THE RUT, INTO THE GROOVE -- Bernie and Anita Sjoberg

Tuesday 8 pm.

This is an encounter group for couples who want more from their marriages than a comfortable rut. Rather than gently evading controversy, we will contend with it openly, giving our marriages a chance to groove. A major concern will be the paradox between being close in marriage, and being free to fulfill ourselves as individuals. Our aim will be an intensified awareness of our marital relationships as they are now and where they are headed. With this awareness, it is hoped that we will be able to risk a greater variety and intensity of interpersonal and emotional expression both inside and outside of marriage.

We will experiment with many different verbal and non-verbal approaches including sensitivity training, psychodrama, Gestalt therapy and Transactional Analysis. The male leader is a licensed psychologist, but he hopes that this will not dissuade you from applying.

Group membership will be limited to six couples, and a preliminary interview (mutual) will be necessary. For further information, call 325-2773, preferably in the morning or early evening.

SA11 ROLES -- Amal Barkouki

Thursday 8 pm.

A group to discuss ourselves and our roles. We get them from our families, our society, and ourselves. What is the value of roles? How do you deal with the situation when roles conflict? What are the roles of female and male in marriage and out, here and elsewhere? Couples welcome.

Reading material will be suggested by the group. Class meets at 3024 Greer Road, Palo Alto. For further information call 321-8586.

SA12 BEING PERSONS TOGETHER -- Adrienne Juliano

Tuesday 8 pm.

Turning other people on -- and being turned on by them -- is a beautiful experience. That is what this class is all about. We will use verbal and non-verbal methods to become more aware of ourselves and others.

Registration is limited (20 people). First meeting on July 2. Location to be announced. Sign up and you will be contacted.

SA13 THIS IS IT -- Dave Teegarden

Tuesday 8 pm.

Today we are each free to determine our own existential life style -- to search for and attain our greatest potential as human beings. Now we have available many means for achieving personal growth -- the Free U, Esalen, and psychedelics are several of the latest, but the most powerful means is by communicating with each other. (This course is a continuation of my course(s) last quarter. There is little structure and much variety. What we have right now is a group of people who are open and communicating well. During the summer we will be doing psychodrama, playing music, meeting at the beach, and whatever else we think of.)

Class meets at 2322 Harding, Redwood City.

SA14 ESALEN GRABBAG -- Barry Darrett

Tuesday 8 pm.

We will try in our own way to use the various ideas developed by Esalen. Participants are encouraged to bring their own ideas and experiences to the group. We want people who are eager to share and experiment. As this is the summer season, a relaxed approach will be taken. The instructor would especially appreciate someone with a beautiful house or pad, hopefully fairly private, for the group to meet in. If you have a place for the 10 weeks, please step forward. First class Tuesday, July 2; location to be announced. For further information call Barry Darrett, 257-2167.

SA15 HERE AND NOW -- Cordell Green

Tuesday 4-6 pm.

An encounter group with only one rule: participants may speak only about their present perceptions and feelings.

First meeting, 956 Colonial Lane, Palo Alto. For further information, call Cordell Green, 328-4917, or Robb Crist, 328-4941.

SA16 AMATEUR NIGHT PSYCHODRAMATICS

The purpose of this group is to provide the leader with a chance to get some practice doing psychodrama. This will not be a regular group. Anyone can come anytime - once or as often as one chooses. There will also be a chance for others to share leadership. There will be two sections: Sec. 1 - Robb Crist, every Tues. beginning July 2, 8 p.m., location to be announced, Sec. 2 - Erna and David Hellerstein, every other Wed. beginning July 3, 8 p.m., location to be announced.

SA17 ENCOUNTER GROUP IN RACISM -- Chick Lonsdale & Stan Crockett

Wednesday 7:30 p.m.

An encounter group of 15 to 20 people, white and black, male and female, will be organized. The goal of the group will be (a) to facilitate the expression of honest and open feelings about the members' perceptions of minorities and majorities, (b) to identify the social structures and institutions which maintain feelings of dishonesty and insularity which contribute to racism, (c) to explore the ways in which members of the encounter group can make a contribution to resolving racism in their own lives and in the lives of people with whom they have contact.

The group will be led by an experienced encounter group leader. Meetings will be held in the evening once a week for a minimum length of 3 hours. Ability to maintain constant attendance in the group will be a basic requirement for continuation of membership in the group. Sign up and you will be contacted. For further information call 387-3575.

SA18 ADVANCED GROUP LOVING

Friday, 8 p.m.

(There is room for new members in this continuing course, now in its third quarter.) People are able to love others when they can and do love themselves; to love themselves they must feel secure. We are growing in a secure environment with emphasis on the psycho-sexual hangups all of us have to some degree.

Touching exercises and acceptance of group nudity build self-confidence and verbal exercises build mutual trust. We try to overcome the tendency to couple and we seek to integrate sensitive sexuality with equally sensitive communication on the verbal level. It should be emphasized that respect for individual differences and limits is maintained at all times. We are not a weekly orgy, or nudist group. Location is rotated and there is at least one weekend trip.

In order to join us, you should have had some experience with human contact courses in the Free U., Esalen, or something comparable. Couples are preferred, married or otherwise; individuals will be accepted if there is room and we can maintain sexual balance. Sign up, fill out the information sheet and you will be contacted for interview.

SA19 WHERE WE'RE AT IN LOVE AND SEX -- Kathy Kirby and Robb Crist

Wed., 8:30 p.m.

In the course Sexual Morality Now we went about as far as seemed possible in talking openly about every aspect of sexual relations. The next step may be to dramatize and act out our courtship rituals, sexual fantasies, interpersonal conflicts, etc. We will use techniques developed in encounter groups, psychodrama, gestalt, bio-energetics, and tantric yoga to enable people to come to terms with their own style of relating to others. This class is only for active participants. Everyone who comes should be prepared to become involved in whatever happens. No spectators please. First meeting Wed., July 3. Location to be announced. For further information call 328-4941.

SA20 GROPE TOWARDS GROWTH -- Ronald Starr

Mon., 8 p.m.

We will use some physical techniques and many group or individual encounter techniques to try to grow to more maturity and openness. For those willing to get deep into their own feelings and meet others with honesty.

First meeting July 1 in Palo Alto. The instructor requests that students call 321-4042 well in advance to make arrangements.

SA21 THE SOUND OF SILENCE -- Gloria Harman

During these sessions the group will meet in silence at a public place. The first half of the encounter will be in complete silence with each person going into himself, his feelings and perceptions about the place, the people there, and what is really going on there. There will be no communication verbally or non-verbally at this time. The second half will consist of sharing verbally what has been experienced.

The first meeting will be at the entrance to the Penny Arcade at Santa Cruz, Sat., June 29 at 1 p.m. The sharing afterwards will take place at 2:30 at the Inner Light Coffee House on Pacific Ave. Further meetings will be announced at the Free U. Store.

SENSORY AWARENESS

SA22 SEARCHING FOR THE DOLPHIN -- Shari Street and Robb Crist
Sensory and Emotional Awakening Underwater

Wed., 12:30 - 3:30 p.m.

The ancient sacred rite of baptism and the contemporary psychoanalytic dream interpretation of water as the unconscious - the source of creative activity, are but two manifestations of the continuing reverence man has had for water. Submerging in water and coming forth again has been a perennial symbol of psychic rebirth. In this class we hope to explore and recreate the rituals surrounding water, and hopefully this summer to be born again into a new awareness of our body and our emotions. The class will meet around a pool.

SA23 INTENTIONAL LEADERSHIP -- Paul Landry

A seminar for teachers of trust, touch, sensitivity, sensory awareness or encounter groups. We will come together to learn from each other by sharing our teaching experiences both successful and unsuccessful, and possibly offering untried techniques to a responsive group. Each meeting will be oriented toward a few types of activities, and an experienced leader will be invited to show, guide, or do whatever his special thing is. This seminar is limited to present or past course leaders and will meet the following Sundays: June 30, July 7, and July 14, at 7:30, at 240 Monroe, Apt. 404, Mountain View. For further information or suggestions call 941-2128.

SA24 TRUST, TOUCH, AND TENDERNESS

These seminars involve a participation in direct experience and expression between members of the group. Their focus are those attitudes and meanings brought to mind by such words as gentleness, communion, compassion, sincerity, honesty, freedom, and sensitivity. Their goals are the expansion and enrichment of the abilities of those participating to share freely, honestly, with compassionate gentleness, and with an increased sensitivity to the values and needs of others.

Both non-verbal and verbal techniques will be used, including sensory awareness, non-verbal communication, encounter, massage, and possibly spontaneous dance. The orientation and pace will be tailored to the group and will vary with the instructor. Emphasis always will be on positive sharing between individuals with a minimizing of inhibitions and ego games, and always maintaining a deep respect for free choice, which is the absolute right of each participant.

There will be a class each night of the week. Sign up and specify which night is best and you will be contacted regarding time and place. If you would like to teach a section call Earl Shorthouse at 854-3549.

In addition, Paul Landry will lead a special, intensive section meeting each Tues. and Fri. night during July.

SA25 SARCASM IN THE WAY -- Kathy Kirby

Tuesday 7:30 p.m.

We communicate many things in many ways, verbally and non-verbally. Sarcasm is creative but aims at hurting feelings, belittling ideas and plans, and making people feel small. It strikes like the sting of the scorpion. Is a scorpion without a sting still a scorpion? First we will learn to recognize sarcasm in ourselves and others. To start with we will be as freely sarcastic as possible, giving free rein to this impulse and exaggerating it. After learning how to be sarcastic, we will trace the impulses to find better ways of expressing the hostility and humor. Location to be announced. For further information call 948-3368.

SA26 SQUARE TO HEXAGON -- Marvin Gerst

Tues. 8 p.m.

This course is for people who feel the need for an encounter with others but for some reason are not ready for the more advanced Gestalt type experience. We will be largely a verbal encounter group but with a commitment to talk about and then engage in some sensory awareness encounter. The leader (?) is a psychologist experienced in verbal techniques but relatively unfamiliar with non-verbal methods. We will be largely a leaderless but mutually involved group whose goals will be meeting each other on a variety of levels but proceeding only at a pace that the group feels comfortable with. Enrollment limited to 7 men and 7 women. For further information call 321-2300 x 2351, a.m. or 322-6463, eves. Location to be announced.

SA27 SWEDISH MASSAGE -- Archie Duncanson

Wednesday 7:00 pm.

Swedish is a rubbing massage done with scented oil. It relaxes the muscles by pressure and friction heat. For the first few weeks we will learn by doing. After my knowledge runs out, we can massage just for the fun of it. Sign up and I will call you. 322-7643

SA28 SON OF PEOPLE-HEAPS -- Larry Tesler

Last March we hypothesized that the inhibitions of a people-heap decrease as the square root of the increase in its size. During the Spring quarter this proposition was disproved. Quite the contrary we discovered that as the heap grows so grow the inhibitions.

As a corollary of this revised theory it is obvious that the ideal people-heap is of minimal size. Discounting heaps of size zero and one, which are degenerate (in the mathematical sense), the optimum size of a people heap must be two.

This quarter, I will conduct people-heaps of the optimum size-- myself and one other person. Last quarter the enrollment was twice what we could handle. To remedy this problem we arbitrarily will exclude one-half of the applicants--the men.

SENSORY AWARENESS

SA29 MARRIAGE COUNSELING FOR MULTIPLE-MATES -- Les Waldo

For those involved in multiple-mate relationships who want to participate in direct and intense discussions of and confrontation with the problems and hangups, as well as the delights and rewards, of their venture into wider inclusiveness.

The leader has just moved to Santa Cruz but meeting times, duration, meeting place, and format are open for mutual discussion and decision of those interested. Call 262-2100, ext. 2381 for more information or leave messages at the Free Store for Les.

SA30 THE FREE WOMAN? -- Judy Cosgrove

Sat. 12:00

Men dominate discussions in the Free U. ... The Free Woman is for me the maternal arm of the Free U. ... Sitting in the sun feels warm ... The encompassing warmth of the group ... I stopped coming because I got tired of moaning women. I don't share the same problems as those women do ... I need to feel I am like other women - particularly sexually ... It is interesting to compare our bodies and our sexual experiences ... The exploration of our/I, sameness/difference - that I am a Woman and no less We are Women.

These are excerpts from comments - pleased and disappointed - of women who have come to our group. This quarter there will be no leader. We don't think we need one.

Meetings are in the backyard, 961 Peninsula Way, Menlo Park. For further information call 323-5903.

SA31 GROUP ENCOUNTER FOR COUPLES--Frieda Porat

Every Other Saturday 9:30-11 a.m.

After several years of marriage, our interactions tend to fall into certain patterns.

In looking at these patterns in a new light and exchanging experiences common to others, we are more likely to be open for change.

Better communication should enable us to "fight" constructively, to express anger openly, to play together and have more joy.

Admission by consent of the instructor (a marriage and family counselor).

Reading list: V. Satir, Conjoint Family Therapy, Don Jackson, Communication, Family and Marriage

Meetings are at 4211 Dake, Palo Alto, starting June 29. For further information call 321-4200.

SA32 LONELINESS AND ALIENATION -- Frieda Porat

every other Mon.
9:30 - 11 am.

How do other people see you? Would you like some feedback? Would you like to tell others how you see them, how you feel about them?

Exploring new vistas in communication with yourself and others.

Admission by consent of the instructor (a marriage and family counselor).

Reading list: Loneliness, Clark E. Moustakas

Loneliness, J. Bradley Hoskisson

The Lonely Crowd, D. Reisman et al.

Meetings are at 4211 Dake, Palo Alto, starting July . For further information call 321-4200.

SA33 COMPASSION -- Norm White & Barbara Gratke

Monday 8 pm.

"Reach out in the darkness -- for you may find a friend."

This is a group which will spend half of its time as a "here and now" encounter group and half of its time playing touch games.

We will strive to develop sensitivity to what is going on inside us on all levels -- physical, mental, and emotional. We will especially strive to listen to others intensely and to feel their emotions as much as we can. We will try to lose our feelings of individuality and become as one. Essentially we will try to develop a non-attacking encounter group or perhaps a love nest.

In addition to the regular meetings the group will have a weekend marathon session toward the end of the quarter.

Sign up and you will be contacted. Enrollment limited to 10 men and 10 women. Course meets in San Jose. For further information call 225-0351.

SA34 ATTACK -- Norm White, Bill Mayo

Wednesday 8 pm.

This is an encounter group which will operate in the "here and now". Goals are honesty and openness in expressing our feelings and recognition of game-playing behavior.

The group will operate on the assumption that the outer layers of a person's personality are full of anger and hostility and feelings of love and tenderness are at inner layers. Thus to get at the inner layers we must first express the outer layers. Our method will include tearing your fellow group members to emotional shreds. If you sign up for this group prepare to go through hell before we (hopefully) reach heaven.

In addition to the regular weekly meeting the group will have a weekend marathon session toward the end of the quarter.

Sign up and you will be contacted. Enrollment limited to 10 men and 10 women. Course meets in San Jose. For further information call 225-0351.

SENSORY AWARENESS

SA35 PERSONAL HYGIENE FOR TOUCH COURSE PARTICIPANTS

A course for those who do not bathe or brush their teeth before coming to human contact classes. On second thought, this course will not meet. It would be too unpleasant.

SA36 OMEGA POINT FOUNDATION ZEN GARDENING SOCIETY

Sat. sunrise

Toward an understanding of life forms -- care and maintenance. Gardening, hauling, painting, cleaning, and general outside work -- cheap! Mahayana techniques employing the greater vehicle. Permanent care for your loved ones in a well-groomed atmosphere. For further information call 325-5472, Omega Point Foundation. Prerequisites: (1) Enrollment in the A-CONDITIONED NON-MIND summer quarter, (2) completion of the CONDITIONED MIND, spring quarter or (3) one year of non-mindedness in residence at the O.P.F.

SA37 THE A-CONDITIONED NON-MIND

Fri. 8 p.m.

Ancient esoteric secrets revealed to one and all. Hermetic teachings and the archetype placed in its proper perspective. Koan-free Zen made easy. Meditation techniques used are adapted for best results in a fast, free-swinging, materially oriented Western society. Curdjeeff reevaluated in the light of the 5th way school. Death and rebirth revisited once-and-for-all. Note: Absolutely no-one will be seated after the intermission. Reservations only, please. For further information call 325-5472, Omega Point Foundation (Daytime sleepers, Do not call while sleeping.)

Prerequisites: (1) Completion of THE CONDITIONED MIND, Spring Quarter, (2) One year of non-mindedness in residence at the Omega Point Foundation.

SA38 BODIES IN AUGUST -- Barbara Martin and Shari Street

Body movement twice a week in the evening in August. Time and place to be announced.

SA39 THERAPY GROUP -- Dave Edwards and his Little Friends

Wed. 7:30 p.m.

Bring your problem. No Esalen techniques. No bio-energetics. No I Ching. No Hydromassage or Acupuncture. Just a good cup of coffee ... First meeting July 3 at 83 Tuscaloosa, Atherton (off El Camino). If you get (geographically) lost, call 322-8287.

SA40 EARLY MORNING RAIN--Peter McCarron

Thursday, 4:30 a.m.

First meeting July 11, Coyote Point, Yacht Harbor Parking Lot. We will walk for about two hours and look at the different world of the early morning. Call Free U Store each week for location. For information call Peter McCarron 245-1519 and Roger Dellor 941-2192.

SA41 GARDENING AS ART -- Larry Thatcher

Tues. 7:30 p.m.

Organic exchange Vegetable culture Soil Fertility Tree Arrangements And all other good exchanges with the verdure. For further information call 851-1800.

SA42 THE MARRIAGE PUZZLE -- Judy and Kim Woodard

Tues. 8 p.m.

Marriage in the context of the Free U. is a problem. It's a problem of resolving the needs of the individual with the needs of the couple or the family. It's a problem of what to do with our children. It's a problem of divorce. It's a problem of sexual renewal. But it is also a promise of new freedom and caring.

This course will consider some of the following questions: Should the bedroom door always be left open? Why is sex in marriage often a drag? Is personal privacy destructive? Should you offer your child a joint? Are children a desirable personal experience? What agreements are viable alternatives to the marriage contract? Are committed couples capable of combining into larger living communities? Should we?

We will combine an informal sharing of personal experiences with nonverbal encounter. We will seek a warm and honest family among ourselves. No theoreticians or autobiographers. Otherwise everyone welcome. For further information call 854-3455. Location to be announced.

SA43 HIGH IN THE HIGH SIERRAS -- Doug MacDonald

Several trips to meet each amidst some of the most beautiful country in the world. June 28-30: Tuolumne Meadows to a "High Sierra Camp" - for those who have never gone to the high country and would like to see what it is all about without buying a mountain of equipment. Cost approx. \$8/day. Other trips listed at store and in first newsletter.

SA44 COMMUNICATIONS IN THE WHITE COMMUNITY: San Francisco Switchboard

The Switchboard provides a 24 hr. information service on housing, jobs, legal and medical contacts, social, cultural, and political activities in the Bay Area. During the summer, Switchboard will expand its operations to become a "movement" communications network. Volunteers can work as operators, rappers, office assistants, community researchers, etc. Volunteers trained this summer will form the nucleus of operators that will organize the Switchboard in Palo Alto next fall. Only those students who are willing to spend more than 12 hrs. per week will be considered for this program. For further information call 387-3575.

KIDS

K1 FREE KIDS BAND -- Charley Martin

10:30 am.

Group music with kids (five to seven years old) who are:

unlearned and,
vibrating with music

have your child bring an instrument

_____ inquire at a music store about rentals

_____ harps, electric guitars, drums, cymbals, indian flutes

*First meeting Sunday morning at 10:30. For information call 851-8356 in the evenings.

K2 DANCE, ART, DRAMA FOR CHILDREN 8-11 -- Claudia

Sunday

Children, children 8-11 years.

Take hands, come, run, skip--scream; and learn through love, happiness, and joy the fun of life through expression. Claudia 948-0286 Every Sunday afternoon. Location to be announced.

K3 TRIPPY KIDS

For 5½ to 6½ year olds, this is a course for kids who are curious about the land around them, the society they live in-- why it behaves as it does, and how it does behave. Kids would be exposed to these very things with a chance to ask questions and to see where the answers come from: from senses, from others, from using his own body and evaluating answers others feed him

NO SHELTERED CHILDREN please and no kids with emotional-social difficulties.

HOPEFULLY Do bring to the group small people who are: really

inquisitive
creative
independent
aware
sensitive

Suggested trips: to the ocean, to the mountains for a camp-out, to interview with police or firemen, to visit the ghetto, go to the doctor.

Any adults of any profession who would like to be there to be interviewed, to be observed doing their thing or could offer an experience call 851-8356.

SPECIAL PROJECTS

SP1 COMMUNITY CENTER

ALL QUARTER

We will sign our lease during the first two weeks of the quarter. Our coffee house, performing arts center, artists and craftsmen co-op will need you to work on it. NEEDED: electricians, plumbers, painters, lifters, donations of restaurant equipment, paint, lumber, chairs, etc. Sign up at registration. Call Bob Cullenbine 326-8104 or the Free U Store 328-4941.

SP2 GROUP LIVING NOW

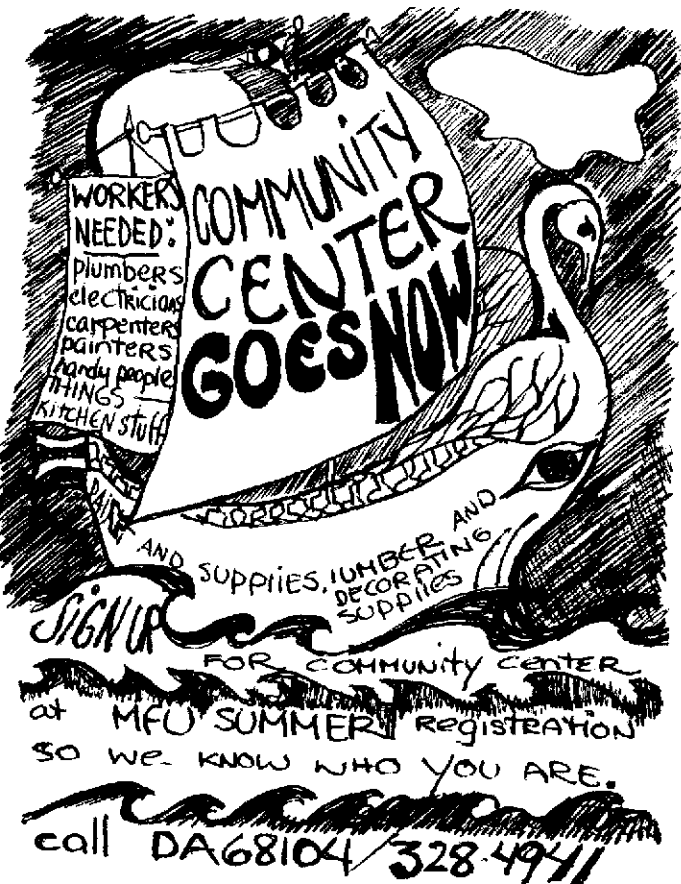
Thursday, 7 p.m.

During spring quarter, some of our seminar meetings were very successful. The seminar usually consisted of eating dinner, followed by discussion. Eventually the discussion was replaced by chanting and other simple musical forms. I noticed then that young children can be the most active participants.

We would like to continue this seminar, and emphasize that all ages are equally welcome.

Also a call goes out to find qualified "leaders" (initiators) for chanting and any other simple music forms.

Class meets at 305 Lytton, Palo Alto. For information call 327-9548.



SPECIAL PROJECTS

SP3 EAT CHEAP--Docie Baldwin, Larry Tesler, et al.

Monday, Wednesday, Friday 6 p.m.

Experiments in low-cost nutrition. We will take advice from macrobiotics, from the Berkeley Co-Op, from the New York City Health Department, from Ronnie's Hospital Menu, and from books, bums, and class members. There will be a charge of 50¢ per meeting. If your home is available for extra sections, please so indicate on your signup card. First meetings July 1, 3 or 5 depending on your section. Section lists will be left in Larry's box at the Free U Store starting July 1; locations will be announced therein.

SP4 DRAFT COUNSELING

Every Weekday.

There are now draft counselors in the Free U Store, 1061 El Camino Real, Menlo Park, every weekday from 2-5 p.m., except for occasional Fridays and holidays (phone ahead on these days). They have information on opportunities in Canada, medical exemptions, deferments of all kinds, conscientious objection and how to fuck up pre-induction physicals and other Selective Service rituals. They are also equipped to refer people to expert specialist help when appropriate.

We can always use more counselors (at least until the draft is abolished...). If you would like to help, drop in on a counselor or call the Free U Store (328-4941).

SP5 A COMMUNAL FARM--Doug Raynor

I would like to meet people who, like myself, are serious about starting a grain-centered communal farm somewhere on the Pacific coast. This could be considered to be a religious community.

I believe that in a state of health, man has communal consciousness, and communal life becomes a natural thing.

Come to 305 Lytton, and we can share our thoughts, or write or phone 327-9548.

SP6 GENERATION GAP MEDITATION SERVICE

The following persons have volunteered to help to try and bridge the ever-widening communications gap between young people and their parents.

If you are a parent and are about ready to throw your kid out of the house, call one of us first. If you are a young person and are about ready to run away from home, call one of us first.

Bob Cullenbine	326-8104
Jim Warren	851-7075
Graham Lewis	328-4941
Robb Crist	854-5905
Rosemary Hite	321-1718

SP7 A HUMAN SERVICE COMMUNITY--David Schumacher

Sunday Afternoon

Today human services are diverse and uncoordinated: Medicine, psychotherapy, education, economic and counseling, etc. An exciting prospect for the future could be a live-in community which would have as its purpose creating a richer life for its members by joining all of these services together. It could be possible to create a sort of turned-on sun city.

Encounters, education, work in theater and art, many, many other things as well could be a part of the projected curriculum.

Those interested will try to construct, in specific terms, a plan for such a "total" community. Contact Humanist House, 125 El Camino Del Mar, San Francisco, 94121.

SURVIVAL VILLAGE--Eric Nord, dreamer

SP8

Ghost town four hours from San Francisco
Twenty year lease from government available
very cheap.

NEED:

planners

doers

people people (up to 500)

children too

This town was just used by government as
Peace Corps training center and is in operable condition.

Nitpickers need not apply.

Call for next step 264-4087

or write 1441 Blossom Hill Road, San Jose

SP17

BEGINNING WINE MAKING -- Doug McDonald

S CIVIL RIGHTS FOR HIPPIES -- LEW HAILEY

P Weekends throughout the summer freedom riders for the Sur (that's Spanish for "south"), and brother, they're doing it again. The establishment in the Monterey Peninsula and the Big Sur have been increasingly practicing Jim Crow discrimination against our bearded and barefoot brothers and sisters. The Park Rangers are determined to clear the public land of free people before the tourist season begins. ("If you're tight, you're all right ---but if you're slack, get back, get back") We will be a clearing house for information and organization of freedom rides throughout the summer. Our non-violent campaign will include such tactics of Gandian persuasion as picketing, sit-ins, drive-ins, as we liberate some of the up-tight gas stations and layabouts in the Public Parks. Both Hip and straight looking pilgrims needed to take part in our "Ketch them coming and going," campaign. Sign up and you will be contacted. For information call Lew Hailey 328-4941.

This will be a beginning course and we will try to make wines from many types of things - from Aricots to Roses (maybe even grapes). The process is simple and the results will surprise. Save your soft drink bottles(quarters) sign up and we'll do it. The class will meet 2 to 3 times to show the complete process and then again whenever a new batch is to be started, worked on, or bottled. Sometime in the fall we'll get together and sample it. Suggested reading: Home Winemaking, Midsummer Night's Dream, Waiting For Godot.

SP9 MFU COOPERATIVE OR SUPER STORE

The MFU Cooperative Store has been operating successfully for more than six months now. It is a producers cooperative for the many artists and craftsmen in this area, and we are selling all manner of groovy goods, from candles and clothing to pottery and paintings.

We sell anything and everything our members make on a consignment basis, with no screening or censorship. If you are not an MFU member, but you make something you would like to sell, bring it in anyway. The producer sets the sale price; members will receive 75% of this price, when the article is sold, and the store will get 25%, to pay its expenses. Non members will receive 70% of the sale price, and the store will get 30%. Space is limited however--can you help us with our display problems?

Irene Lewis is the full time storekeeper, but we need volunteers to work in the evenings and Saturdays or during the day if you wish. If you would like to help, please contact us.

It is all happening at 1061 El Camino, Menlo Park, 328-4941. Sometimes our hours are erratic, but we try to stay open from 11 a.m. - 9 p.m., Monday-Saturday.

SP10 THE OTHER SCHOOL

This summer, a new low-cost independent elementary school is beginning in Palo Alto. To be run cooperatively by parents and instructors, the school will be unstructured and open to all who are willing to commit themselves to creating an environment where children will:

- learn to be self-directed and set their own goals;
- gain a mastery of the basic skills;
- feel free to express themselves through a variety of media;
- gain an understanding of cultures, races, and ways of living usually disregarded in American society and the public schools.

By the time you receive this catalog, the summer session will have already begun, but new participants children, parents and teachers--are still welcome. If you are interested in enrolling your children or have a teaching interest (no degrees required) and can volunteer several hours a week on a regular basis, please call Mary Lou Greenberg, 328-4698, or Rusty Keilch, 321-6624.

SP11 VOLUNTEERS FOR HEADQUARTERS

The central switchboard for the Free University is the back office in the store. It is vital that there be someone there all the time (11 a.m.-9 p.m.) and volunteers are needed to do this. Answering the telephone and registering people are the most time consuming activities. There are still many more things to do and even more that could be done.

Working there is a good way to learn what is going on in the Free University and in the terms of self development, it helps one to learn to meet the public, to overcome a fear of strangers, to develop and discover one's ability to handle any and all situations, and to learn to help others joyfully without relinquishing oneself.

My vision is that this is an administrative position, and that we need to learn to do administration in a human way. It is not enough just to do the work. To work there are many technical, little things that must be learned and that can in part only be learned by being there. On the other side is the need that the person there can be a center of calmness and confidence amidst the storm of apparent chaos and confusion and hassling that often exists in the store.

If you would like to work with the Free University and to contribute your time and yourself in this specific way, please sign up. There will be an initial class meeting for all volunteers. Later there will be counseling and perhaps another class to discuss the problems that arise in doing the work and having the office run smoothly. (Time to be announced)

INVENTORS ANONYMOUS--Phil**SP12**

Those who would like to put ideas, skills, and resources together to generate mini-industries call (408) 253-6715.

SP13 JOB CO-OP

We are trying to bring together people who need work with people who need workers. If you have jobs for people, phone 328-4941 or come to the store and ask that the job be written in the REDBOOK. People who need jobs should check the book. Please when a job is filled let us know.

SP14 HOUSING CO-OP

Rent that extra space. We need people who have housing available for MFU people. There will be a place in the REDBOOK for people who need houses and people who want to rent houses. Please call and give us the information about space available. People looking for places should come to the store.

SP15 ABORTION COUNSELING

Anytime

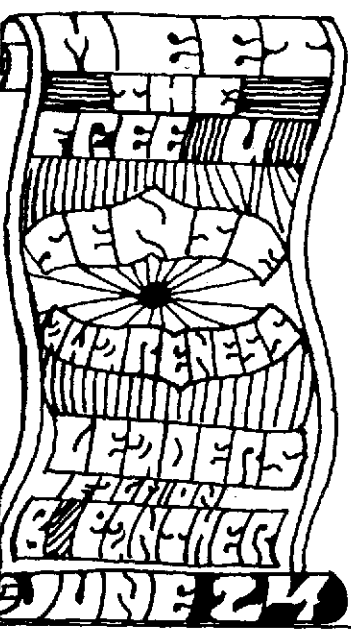
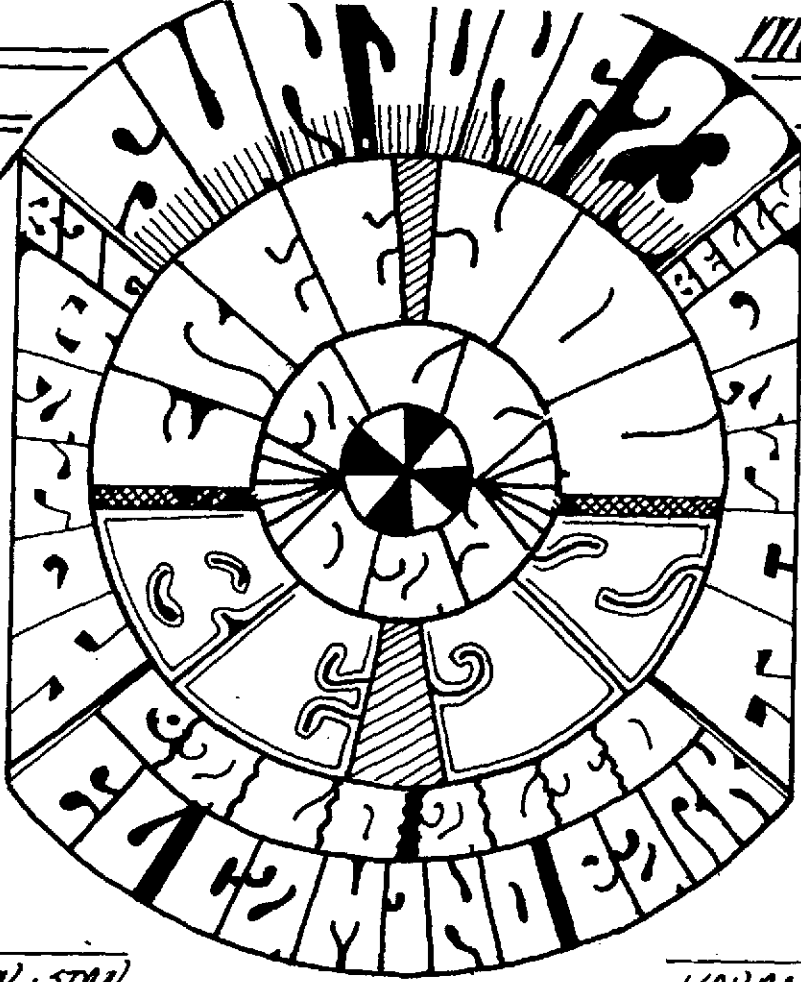
Anyone needing a competent physician to terminate an unwanted pregnancy (inexpensively) or other birth-control aid, call: 323-6802 (between 12 & 1 pm or 10 & 11 pm). Call also if you are inter in helping legalize abortion or in counseling those seeking abortions.

COURSE LEADERS

A			
ADAMS, LEE	SA 5	854-3549	
ALBRECHT, BOB	R16, C22	323-5155	
ARTHUR, GAVIN	P 1	346-2878	
AUSTIN, DUANE	R 9, A12, A13	967-0302	
B			
BALDWIN, DOCEY	R6, P 3, SP3		
BARKOUKI, AMAL	SA11	321-8586	
BASHIR, SALEHA	C19		
BATESON, BETTY	R12		
BECKER, LAURIE	A21	961-4664	
BELL, ALEX	C7		
BENSON, PETE	C5	742-1281	
BERK, JIM	R19, CA10	322-7788	
BIG DADDY	R17, SP 8	264-4087	
BLANK, DENNIS	C13	241-7907	
BONEYSTEELE, B.	A3		
BOOT, MARTINE	SA8	854-5681	
BOOTH, LARRY	A11	726-2681	
BOOTH, SHEILA	A12	726-2681	
BOYD, JOHN	HS16	325-0423	
BRYNER, BILL	A19	961-6287	
C			
CELESTE	HS5, HS11	321-8410	
CLAUDIA	K2	948-0286	
COATS, TOM	PO 3, PO 4	941-0149	
COHN, BECKI	HS12	321-9828	
COLLINET, AL	A17	325-6075	
COOK, DAVE	C11, C17, A4	369-3886	
COSGROVE, JUDY	SA30	323-5903	
CRIST, ROBB	SA16, SA19, SA22	854-5905	
CROCI, RON	C23	341-0189	
CROCKETT, STAN	A17	387-3575	
CULLENBINE, BOB	C8, SP1	326-8104	
CULLENBINE, CAROL	C26	326-8104	
D			
DARRETT, BARRY	SA14	257-2167	
DARSIE, SAM	R13, R15	369-3886	
DELLON, DOUG	SA40	941-2192	
DESANTE, DAVE	R21	328-4917	
DUFF, DAVE	R2	328-0211	
DUNCANSON, ARCHIE	SA27	322-7643	
E			
EDWARDS, DAVE	SA39	322-8287	
ELMORE, RICHARD	A2	321-6987	
ELDRIDGE, JERRY SR.	R8		
F			
FERTAL, RICK	HS18	369-3555	
FRANK, JANET	C9, C20, P 3	322-7976	
G			
GENCE, PAUL	A22		
GERST, MARVIN	SA26(321-2300 x2351)	322-6463	
GONZALES, DANIEL	A8	366-2092	
GOOD, PHIL	CA6, P 5, CA1	(408)742-0915	
GRATKE, BARBARA	SA33	225-0351	
GREEN, CORDELL	SA15	328-4917	
GREENBERG, MARY LOU	SP10	328-4698	
GUNDERSON, BOB	HS15		
H			
HAILEY, LEW	C1, C25, PO 3, PO 4	941-0149	
HARKLESS, ANN	C4	924-9404	
HARMAN, GLORIA	SA21		
HAROLD, BRENT	A2	321-6987	
HARRIS, BILL	CA14	967-4940	
HARRISON, CRAIG	R11	907-7858	
HAYES, SALLY	R12		
HELLERSTEIN, DAVID	SA16		
HELLERSTEIN, ERNA	SA16		
HORNIG, CHARLES	SA9	293-2477	
HUDDLESTON, LORNA	HS20	851-7698	
HURWITZ, BILLY	R4		
J			
JONES, GLENDA	R19	322-7188	
JULIANO, ADRIENNE	SA12		
JUNG, THEO	C6	328-1867	
K			
KEEGAN, PETER	CA4	327-8877	
KEILCH, RUSTY	SP10	321-6624	
KENNEDY, MARY	HS7	326-9321	
KEPLER, ROY	PO 3, PO 4	941-0149	
KIRBY, KATHY	P13, SA19, SA25	948-3368	
KLING, BOB	P14	854-6228	
KOTHARI, HANSA	C19		
KRAUSE, SHERRIL	SA3		
L			
LANDRY, PAUL	SA23	941-2128	
LEPOFF, LAURIE ANN	C3	736-2004	
LEWIS, GRAHAM	C1	851-8706	
LONSDALE, CHICK	SA17	387-3575	
LOVELL, VIC	HS8	854-3551	
LUCAS, BOBBIE	C15	321-0287	
M			
MALTER, ANNE-LISE	R14	327-3880	
MARMON, KAREN	C5	326-2737	
MARTIN, BARBARA	SA7, SA38, A24	851-8356	
MARTIN, CHARLIE	K1	851-8356	
MASTRANDREA, DAVE	SA8	854-5681	
MAYERSON, STAN	CA11		
MAYO, BILL	SA34	225-0351	
MAYO, LORI	HS4, HS6	327-5386	
MCCAIN, JOHN	P11	851-0974	
MCCARRON, PETE	R18, SA40	245-1519	
MCCARTHY, KEVIN	HS13	295-0261	
MCCLAINE, BILL	A1	854-5667	
MCGUIRE, TOM	HS15		
MENKE, MIKE	R11	326-7946	
METZNER, RALPH	P8		
MEYERS, KEN	P4	752-9424	
MILLER, DEBBIE	HS3	326-2628	
MOYER, BAX	R7		
MOORER, ANDY	A15, A14		
MORGAN, J.P.	CA13		
MORRIS, STEVE	PO 3, PO 4	941-0149	
MULA	A28	328-4941	
N			
NAIR, SUE	C14	369-4993	
NICHOLS, NANCY	HS10, HS20	948-6030	
NORD, ERIC	R17, SP8	264-4087	
NUEFELD, GENE	SA4		
O			
OLMSTEAD, DOUG	A18	323-9601	
O'NEIL, LORRAINE	CA12		
OWEN, CRAMER	C10	948-7172	
OWEN, FREYA	P9		
P			
PALMER, BOB	C1, C25	328-4941	
PEASE, MARSHALL	P10		
PETE	PO 1	251-7935	
POHL, IRA	R3	326-4093	
PHIL	SP12	(408)253-6715	
POLINSKI, STEVE	A10	323-4400	
POMPEO, ELIZABETH	R22	737-7979	
PORAT, FREIDA	SA31, SA32	321-4200	
R			
RANSON, DAVE	PO 6		
RAY, ED	CA5	323-3623	
RAYNOR, DOUG	SP5	327-9548	
REYNOLDS, WALTER	C21	322-0884	
ROSEME, SHARON	HS10	948-6030	
ROSS, BRUCE	A25	435-3414	
S			
SATTERWHITE, FRANK	CA10	322-2200	
SCHMIDT, TOM	C18	969-0325	
SCHUMACHER, DAVID	PO 7, SP7		
SHORTHOUSE, EARL	SA5, SA6	854-3549	
SHUGART, DIANA	HS8		
SJOBERG, ANITA	SA10	325-2773	
SJOBERG, BERNIE	A20, SA10	325-2773	
SMITH, ANDY	PO 5	365-7553	
SMITH, GAYLORD	HS2		
SOMMER, FRED	R5	252-1708	
SPENCER, JIM	A9		
STARR, RONALD	SA20	321-4042	
STERN, LOTS	HS9	321-0910	
STERN, SAM	HS15		
STRASSNER, BOB	SA2	367-4435	
STREET, SHARI	SA22, SA38		
T			
TARVER, DARRELL E.	P12	586-5636	
TEEGARDEN, DAVID	SA13		
TESLER, LARRY	SA28, R1, P7, SP3, R20, C2	326-5378	
TESLER, SHELACH	R10		
THOMAS, DUNCAN	A23	328-7769	
TORREGIAN, SOTERE	HS14, HS17	328-6712	
V			
VAN DYKE, GENE	P2	321-2300 x4755	
VERBA, CYNTHIA	A7	328-4941	
VINCENT, EVA	C24	321-8086	
W			
WALDO, LES	SA29	262-2100 x2381	
WEISSMAN, STEVE	PO 2	647-9531	
WHITE, NORM	SA33, SA34	225-0351	
WILLS, BABETTE	C12	851-8163	
WOLF, NINA	A6		
WOOD, FREDERICK B.	CA2	269-9327	
WORRELL, BUTCH	HS15		
Y			
YOUNG, MIKE	P6	326-9031	
Z			
ZAMVILLE, LINDA	HS19	322-7146	

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